



## "Prima Primum" - First Things First

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10 March 2023

### PRAYER

The second week of Lent begins with the story of Abraham being told 'Leave your country, your family and your father's house, for the land I will show you.' And this is what he does.

Can you imagine, packing up your household, your partner, your whole life, and heading out on a journey without yet knowing where it is that you are being asked to go? Abraham's family and friends must have thought that he was crazy. But Abraham was filled with faith, with hope and with trust in God.

During this Lenten period, we pray that we may look to the future with faith that our God has a plan for us, and the courage to step into the unknown.

St Paul pray for us.

Blessed Edmund Rice, pray for us.

Live Jesus in our Hearts, forever.

### COLLEGE PRINCIPAL

St Paul's was a hive of activity last Thursday evening as we welcomed families from across the Northern Beaches to our Open Day. With the support of a wonderful group of parent volunteers, our own students and staff and the strategic planning team from Catholic Schools Broken Bay, we played host to around 900 people who came to see what St Paul's has to offer for their sons', and for the first time, their daughter's education.

The number of families that attended Open Day and the number of enrolment enquiries for 2025 and beyond are unmatched by recent years at St Paul's and bode well for our future.

*I am very grateful for the hard work of everyone that was involved in the evening and particularly for the everyday great work of our staff and students that provided families with an insight into why St Paul's is such a strong and vibrant learning community.*

### The Power of Yet

Recently I was speaking with some Year 7 students about how their transition to secondary school was going. They were overwhelmingly positive about their Pastoral Care teachers, and each had their favourite subjects but, as sometimes happens, one of them said to me that he did not really enjoy maths. He likes the teacher and tells me that they are working very hard to support him in class, but that he is just not very good at maths.

No, I said to him, you are just not as good at Maths yet. And it is that word **yet** that makes all the difference. He is working hard, and his teacher is very much aware of and is catering to his learning needs in the classroom. And knowing this I am confident that he will keep learning and growing in Maths for the rest of his secondary schooling at St Paul's.

At twelve years of age, this student is beginning to understand the difference between what is sometimes called a fixed mindset, and the confidence to keep on trying. I am looking forward to reading his report at the end of the year now that he knows that he is still learning.

### Swimming Carnival Highlights

This week the College gathered for our Annual Swimming Carnival at the Manly 'Boy' Charlton aquatic centre. There will be a more fulsome report later but there are a few highlights of the day that I would like to note:

- The very hot weather meant that there were a significant number of young families in the children's pool adjacent to our students. One might expect this to be off-putting to the young mothers that turned up only to find a secondary school carnival in full swing, but they remained for the full day, being comfortable sharing the space with our students who were respectful and considerate.
- The carnival program ran overtime due to the number of students that competed in the, usually, smaller events including the 100m freestyle and butterfly, some for the first time in their school lives.

- There was no run-away winner on the day, with the carnival point score tied heading into the last two events of the program. This was again due to the high rate of participation from all four houses.

I would like to thank and congratulate Mr Adam Malcolm on his first carnival as Sport and Co-curricular coordinator and all the staff for the way in which they engaged with the students. Seeing not a few students encouraged all the way to the wall by the timekeepers, including those that were struggling to finish events or distances they had never attempted before is a wonderful example of the spirit that imbues St Paul's.

*Prima Primum*  
God bless.

**Mr Michael Reid**  
**College Principal**

## COLLEGE CALENDAR 2023

For 2023 school dates please refer to the calendar in Compass.



Please view our college Facebook page:

<https://www.facebook.com/stpaulsccmanly>

## ASSISTANT PRINCIPAL

Congratulations to all students on how they have applied themselves to not only their classes but also the events of Year 3 visitors, Open Day, and the Swimming Carnival. These events all had a great feeling to them with students involved across all year groups, comments from people outside of the College have all been positive. The House spirit at the swimming carnival was evident and I am looking forward to knowing who the winning House is when it is announced on Monday morning.

With these events behind us, the next couple of weeks will be quieter and as we are entering Week 7 most students will be working on assessment tasks as we approach end of units in many subjects. Assessments are not designed to cause anxiety and stress in the home but rather to ensure that students are retaining the content and are then able to apply content. If your child is highly anxious over an assessment, please contact their teacher, it is always best to resolve these situations as early as possible.

Congratulations also to the students on their efforts in wearing the uniform wonderfully. It is great to see so many of them looking good.

If we can also impress upon the students the need to ensure that they are all being appropriate on the buses to and from the College, including using an Opal Card. Some students are on buses that are shared with the general public and therefore need to ensure that they are not loud or using inappropriate language and remembering to always offer your seat for other

passengers, specifically not sitting in the red seats reserved for the elderly, disabled, parents with small children. Your support in this matter would be appreciated.

**Ms Karen Shawcross**  
**Assistant Principal**

## DIRECTOR OF RELIGIOUS EDUCATION

Last week, Year 7 students joined other Year 7 from across the Diocese of Broken Bay at "Belong: The Amazing race of faith". It was a wonderful introduction to Youth Ministry and a chance for students to meet people from the other Diocesan schools! We have many Youth Ministry opportunities that come through both CSBB (Catholic Schools Broken Bay) – I encourage you to look out for notifications from Ms Kalayzich advertising them.

The first Week of Lent in the program is called "Led to the Wilderness." The Gospel passage is Matthew 4:1-11 – Jesus' Temptation by the Devil. The Gospel reflection shares these words:

"By tempting Jesus with the kingdoms of the world, Jesus is urged to consider the lucrative nature of power and wealth. We see in this passage how a relationship with God and a deeper desire to know His will is essential to our discernment processes. The key to overcoming sin and fighting temptation is to know God."

The second week of Lent is called Being the Beloved. The Gospel passage here focuses on Matthew 17: 1-9 the Transfiguration. It reminds us that, through our Baptism, we are created in the image and likeness of God and that we should strive to live out Baptismal vocation in our relationship with each other.

Let us take the time this Lenten season, to grown in our relationship with God. What opportunities are there available to me to do this? How can I spread kindness to those around me? How can I change the words "I'm too busy" to "What can I do next?."

**Mr Steven Callow**  
**Director of Religious Education**

## DIRECTOR OF STUDENT WELLBEING FOR LEARNING

Our school places each student's wellbeing as a paramount priority for learning. The Leaders of Wellbeing and our counselling team have been planning different activities for year groups to support our students. Initiatives include:

- Year 7 and 8 - The Man Cave
- Year 9 and 10 - The Good Human Project
- Year 11 and 12 - Tomorrow Man

The above initiatives are in addition to the excellent work that each Pastoral Care teacher and Leader of Student Wellbeing does every day in Pastoral Care time and during our COURAGE sessions.

The counselling team places suggestions in the newsletter each cycle for parents/carers to support their sons at home. Please have a look through the counselling section in each publication.

The students are now over halfway through the Term and their uniform and grooming is looking excellent. Thank you to the students who are well dressed each day and to the parents/carers in supporting their sons with this. Nearly all students have a haircut which falls in line with our school policy. I thought I would take this opportunity to share the school policy in relation to hair below.

### Hair Policy

The dot points below are not exhaustive, and the College leadership team will have the final decision on whether a haircut is appropriate.

All student's hair must be:

- + Neat and tidy
- + Kept off the face and collar
- + Natural in colour
- + The **same length** at the sides and the back
- + Be **blended** between the sides/back and the top of the hair (**no noticeable step**)
- + Not of a length where it can be tied back

Examples of inappropriate haircuts include mullets and skin fades. |

Thank you as always for supporting us in school in relation to your son's wellbeing, uniform, and learning.

**Mr John Hunt**

**Director of Student Wellbeing for Learning**

## TEACHING AND LEARNING

This week we welcomed our Year 12 students and their parents to their first Year 12 Parent/Teacher/Student meetings. It was a welcome return to face-to-face PTS meetings as they have been online for the past few years. These events give all of us the opportunity to reflect on what has been and what can be. For those that have engaged with their learning from the start of Year 12, then affirmation and encouragement is an appropriate response. For those that may require some changes in their current learning regime, support of teachers and parents is forthcoming. I encourage all Year 12 students to continue to challenge themselves to be their best and make the most of all opportunities afforded to them over the remainder of 2023.

On Monday evening we also welcomed Year 7 and Year 8 parents to the College for a presentation on study skills, organisation and homework expectations and a general conversation about how to best support each of your sons in his regular consolidation of learning. One of the key areas for growth and development in most young men is organisation. I have included in this item a copy of the Year 7 and Year 8 assessment schedule for 2023. The PowerPoint from the presentation will be shared as a news feed on Compass and uploaded to the Year 7 and Year 8 Wellbeing Google Classrooms.

Year 7 2023				
Week	Term 1	Term 2	Term 3	Term 4
1				
2				
3				
4		History		Technology
5		Visual Arts		Visual Arts
6	History	English, Visual Arts		Visual Arts, Music
7		Science, Technology	Geography	Music, English, Mathematics, PDHPE, RE, Science, Technology
8	Visual Arts	Music, PDHPE	English, Maths, Visual Arts	
9	English, Science		Music, Science	
10	Music, PDHPE		PDHPE	
	* Maths ongoing	* Maths ongoing		

Year 8 2023				
Week	Term 1	Term 2	Term 3	Term 4
1				
2		Visual Arts		Visual Arts
3				
4				Technology
5		Music		
6		English, PDHPE, Science, Visual Arts, Music		Music
7		History, Technology		English, Geography, Japanese, Maths, Music, PDHPE, RE, Science, Technology, Visual Arts
8	English, History	RE, Maths	English, Japanese, PDHPE, Science	
9	Science		Geography, Maths, Music	
10	Music, PDHPE			
	* Maths ongoing			

**Mrs Trish McGregor**

**Director of Teaching and Learning**

## COLLEGE COUNSELLOR

### Learning to take on challenges

Challenges are the pathway to growth. When our children habitually avoid challenges, their learning stalls. When they learn to understand, value, and embrace challenge, their learning accelerates. So, helping our children develop a healthy relationship with challenge becomes one of the most important ways we can help them become better learners.

### Parents Prepared

Sydney Drug Education & Counselling Centre (SDECC) will be delivering another "Parents Prepared," an online drug education workshop for parents of high school-aged children on:

**Thursday 23rd March 2023 from 4.30 to 6.00 pm.**

This workshop will provide parents with information about drugs, their effects, and tips for talking to young people about drug use.

Parents can register at the link below:

<https://www.trybooking.com/CFRUV>

**Mrs Mary Thomas: Monday, Tuesday, Wednesday**

**Mrs Danika Mouldsdales: Thursday, Friday**

**College Counsellors**

## VET (VOCATIONAL EDUCATION AND TRAINING) AND POST SCHOOL OPTIONS

Year 11 students Lachlan Jacobs and Granger Gorrell have commenced a School Based Apprenticeship (SBAT) with Bill Buckle Auto in Brookvale.

The boys will combine their schooling with working and attending TAFE. Thank you to Clinton at Bill Buckle for your support.





## Careers Bulletin

Click this [LINK](#) for the latest edition of the Careers Bulletin.

For more Careers information, see the link below.

<https://st-pauls-catholic-manly.jobjump.com.au/>

Password **spccm**

If you would like any further information or to schedule an appointment, please do not hesitate to contact me at

[timothy.emmerson@dbb.catholic.edu.au](mailto:timothy.emmerson@dbb.catholic.edu.au)

**Mr Tim Emmerson**

**Leader of Learning VET and Post School Options**

## YEAR 8 WELLBEING

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We are officially halfway through Term 1 of Year 8!

As we reach this midpoint, it is common for students to become increasingly involved in external commitments and their lives become busier. In preparation for this, we have oriented our COURAGE sessions towards improving students' organisation skills in the lead up to their upcoming assessment period. During COURAGE last Thursday, Ms McGregor and Mr Hunt held the first study skills workshop aimed at helping students develop effective study habits and techniques. In this session Ms McGregor highlighted the importance of time management in studying, sharing tips and strategies for setting up a study schedule, prioritising tasks, and breaking down large projects into smaller, manageable tasks. We discussed the importance of having a dedicated study space which allows students to work productively without distraction. In line with this, several Year 8 students have taken advantage of the support offered by the Diverse Learning team who facilitate Homework Club on a Monday afternoon. These efforts to get on top of schoolwork and establish effective study habits are critical in the early, foundational years of high school. I look forward to seeing students reap the rewards of their hard work later in the Term.

In addition to this focus on academic growth, our COURAGE assemblies have placed a strong emphasis on the social aspects of school and the importance of empathy in building respectful relationships. As the Term goes on, we find that both teachers and students become increasingly tired or stressed. Since relationships are at the centre of all we do at school, it is important that we continue to nurture these and encourage them to remain healthy. As a collective, students have agreed upon the expectations required to maintain respectful relationships within the school environment and we continue to have discussions to ensure our standards do not slip. During assemblies and Pastoral Care each morning, students are reminded to reflect on their role in creating a positive environment where everyone can be their authentic self. Looking ahead to the remainder of the Term, students will

partake in a variety of activities in the coming weeks which align with this theme of "respectful relationships," celebrating International Women's Day, Neurodiversity Celebration Week and Harmony Day.

**Ms Madeline Hogarth**

**Year 8 Leader of Student Wellbeing**

## YEAR 10 WELLBEING

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Welcome to the Week 6 newsletter of Term 1. We have some exciting news to share with you about the amazing involvement of our Year 10 students in various school events.

Firstly, we are proud to announce that our Year 10 students did an exceptional job in supporting the Year 3 Day. Each student was assigned to a department and assisted the Year 3 students over two days. We received extremely positive feedback from our Year 3 visitors, and we could not have done it without our Year 10 students' hard work and dedication.

In addition, our Year 10 students were exceptional during the St. Paul's Open Day. They helped in several ways and made us proud. We appreciate the efforts put in by our Year 10 students to make these events successful.

Moving on, we had our Swimming Carnival in Week 6 on a hot day, and we are pleased to report that the students were well behaved and showed their house spirit. It was a great day filled with lots of excitement and fun. We congratulate all the participants and thank everyone who contributed to making the event a success.

We would also like to remind our Year 10 students to stay focused on their studies and make the most of the opportunities available to them. Please remember to attend all classes, complete all assignments on time, and participate in extracurricular activities that interest you.

Finally, we would like to thank all our parents for their continuous support in our efforts to provide the best education possible for our students.

**Mr Henry Chapman**

**Year 10 Leader of Student Wellbeing**

## JAPANESE

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### Host a Japanese student in July



Waseda students are back to St Paul's after a few years of absence, and we could not be happier to welcome them back!

In the past St Paul's has hosted students from our "sister school" Waseda, in Tokyo. This year we are currently looking for homestay families to host a student from July 23rd to August 3rd. Boys from Waseda are aged between 13-15 years old and come to school every day with your son. The students are learning English and are eager to experience an Australian lifestyle.



### What do you have to do?

Just provide a bed to sleep in and meals. The weekend is up to you! If your son plays sport, take them along to the game. Allow them to experience your normal Australian lifestyle!

You will also be compensated for their stay.

For more information or to register your interest please contact Mrs Kibby by email [Amanda.kibby@dbb.catholic.edu.au](mailto:Amanda.kibby@dbb.catholic.edu.au) or call the College office on 9977 5111.

**Mrs Amanda Kibby**  
**Leader of Learning Languages**

## HSIE

It's been a busy start to the year in the HSIE Department! Here's a snapshot of some key learning experiences.

### Year 3 Visit

During weeks 4 and 5, HSIE was involved in the two Year 3 Days held at St Pauls. During the sessions the younger students learnt about the process of mummification in Ancient Egypt and how it was linked to the myth of the death of Osiris. Aply assisted by St Pauls boys from Years 9 and 10, the Year 3s worked in groups to 'mummify' a classmate with toilet paper. It was a process that was a lot of fun but also revealed just how complicated and difficult a process it was.



### Year 7 Cookie Excavation

In History the Year 7 boys have been learning about the work that is done by Historians and Archaeologists towards making sense of the past. To better understand the work done by archaeologists when excavating an ancient site, the boys undertook a simulation activity where they had to 'excavate' the choc-chips from a cookie and record their position. At first the process seemed easy until the boys learnt they would be using toothpicks to simulate the difficulty faced by archaeologists in the field! Many cookies were excavated, and a positive learning experience had by all.



### Year 8 Minecraft Castles

The students in Year 8 History have been exploring the significance of Castles in the Medieval period and investigating some of their key features. With the guidance of Mx Bishop, several students engaged in an activity where they used Minecraft to recreate and depict features such as the Mott and Bailey, Drawbridge, Crenulations and Barbican. The use of Minecraft allowed the boys to gain an enhanced understanding of the size and scope of these key features and provided an engaging platform for them to demonstrate their knowledge.



**Mr Stephen Murray**  
**Leader of Learning HSIE**

## MATHEMATICS

Halfway through Term 1.

Year 12 have had their first assessments from Term 4 marked, their next task will be coming up at the end of this Term.

Years 7 and 8 are continuing their journey into our number system with integers, fractions, and decimals.

Year 9 are reviewing the number system.

Year 10 start with surface area and volume then learn probability and statistics.

Assessment tasks are either in-class tests, investigations, or in-class quizzes.

**Mr Simon Baker**  
**Leader of Learning Mathematics**

## PDHPE

Moving toward Assessing at this stage of the Term the learning in PDHPE shifts toward assessment-based learning. The first few weeks of each Term tend to focus on laying good foundations for understanding core concepts and applying them to universal contexts, before the students solidify their learning by applying them to unique contexts in their assessments. The graphic below shows a summary of what each year group is focusing on now, and how their assessment is informed by the activities in the classroom.

Year	Learning Focus	Term 1 Assessment
7PDH	<b>Navigating Change</b> Coping with the changes into high school, relationships, physical/emotional/social changes.	Practical skills are assessed in an ongoing manner in practical learning classes. These skills in focus are: running, dodging, throwing, catching.
	<b>Foundations for physical activity</b> Discovering the essential skills to take part in lifelong physical activity.	
8PDH	<b>Do I or don't I?</b> Decision making, promoting safety, health/wellbeing in a variety of contexts, summer fun, risk taking.	Practical skills are assessed in an ongoing manner in practical learning classes. These skills in focus are: tracking, passing, striking, and catching.
	<b>Transferring skills</b> Adapting movement skills to different contexts, particularly those that apply to striking sports.	
9PDH	<b>A State of Mind</b> Mental health, resilience, responding positively to challenges. Relaxation and wellbeing strategies.	Explanation of technique, movement patterns and key skill features enhance performance in a chosen sport.
	<b>Enhancing Performance</b> Developing movement skills and game sense, analysis of factors that affect performance.	
10PDH	<b>Leadership</b> Game creation, leading others, roles in Physical activity, maximising engaging and participation.	Creation of, participation in, promotion of and evaluation of games designed for maximum engagement and enjoyment.
5SPASS	<b>Body in Action</b> The role of body systems, energy production, hydration and nutrition in producing efficient movement.	Analysis of a particular sport skill, demonstrating how anatomical systems and fluid intake can be used to help performance.
11PDH	<b>Body in Motion</b> The scientific foundations of human movement, relationships between anatomy, physiology, fitness, biomechanics and efficient human movement.	Evaluation of physiology and biomechanical principles in the fitness and movements required for a specific sport.
12PDH	<b>Health Priorities in Australia</b> The health status of Australians, priority areas in Australia, roles of health promotion and health services.	Multiple choice and extended stimulus responses on health priority issues, the health status of Australians and inequities faced by Aboriginal and Torres Strait Island people.

The awesome PDHPE department are working with our students to provide a safe, supportive, and inclusive learning environment that caters for diverse abilities and enables all students to reach their full potential. We look forward to celebrating the achievements of our students and providing them with feedback on areas they can improve upon, and the strategies to do so in due course.

**Mr Ben Rowse**  
**Leader of Learning PDHPE**

## SPORT

### CSBBS 15s touch

The CSBBS Under 15s Touch Football Gala Day was held at Nolan's Reserve on Tuesday 21st February.

St Paul's finished 6th out of 8 schools with 1 win and 3 losses.

Whilst not the result we were hoping for, the boys played with tremendous spirit and showed great sportsmanship on the day.

A special mention to Zac Gedz who was our MVP on the day. In our victory against St Leo's Zac scored a remarkable 4 tries.

Congratulations to all the boys who participated on the day.

**Mr Anthony Noyes**

### College Swimming Carnival

On Tuesday 7th March we held our College annual swimming carnival at the Manly "Boy" Charlton swim centre. Attendance was great and the noise from the students cheering far exceeded the volume one would expect. A fantastic atmosphere!

Participation was strong and was done in tremendous spirit. All the students seemed to really enjoy the day and were a credit to the College with their behaviour. The swim centre made a number of positive comments and were complimentary on how smooth the day was for both them and the public. All students should be commended.

There are obviously way too many achievements to name here; however, those that participated and especially those that challenged themselves in disciplines and/or distances should be as proud of their efforts as the staff were of them on the day.

Our team has already been compiled for the CSBBSSS championships next Tuesday. Those that made the team will be notified via a Compass event. It is shaping up as a string team.

Due to it being next Tuesday, could they complete their registration as soon as possible.

The **St Paul's Gift** is the last race on the day and the most prestigious of the carnival. It consists of the fastest 50m freestylers across all age groups.

The finalists were; Kye Largier, Jack Doorey, Joseph Fountain, Leonardo Bardella, Ashe Seipelt-Walker, Levi Coates-Westerink, Connor Ward, Finn O'Brien and Phoenix McCluskey.

Congratulations to Jack Doorey on the win and being crowned the fastest swimmer at the College.

### Age Champions

#### 12 years

1st:	Kieran Hendriks	Taylor
2nd :	Jake Brook	Bourke
3rd:	Sebastian Williams	Gilroy

#### 13 years:

1st:	Cooper Field	Taylor
2nd:	Toby Charlish	Gilroy
3rd:	Jackson Kerr	Gilroy

#### 14 years:

1st:	Connor Ward	Moran
2nd:	Kai Castellan	Moran
3rd:	Dylan Wood	Bourke

#### 15 years:

1st:	Aaron Smith	Moran
2nd:	Thor Pervan	Bourke
3rd:	Ben Williams	Taylor

#### 16 years

1st:	Izayah Thomas	Taylor
2nd:	Riley Goodsall	Moran
3rd:	Joseph Egerton-Woodward	Moran

#### 17 years:

1st:	Jack Doorey	Gilroy
2nd:	Kye Largier	Gilroy
3rd:	Levi Coates-Westerink	Moran



*\*\* Special mention: there was less than one placings worth of points between 1st and 3rd in the 16 years age-group. An incredibly close points tally.*

## 18 years

1st:	Joseph Fountain	Gilroy
2nd:	Finn O'Brien	Moran
3rd:	Luca Bellingham	Gilroy

The final overall house points tally was also an extremely close finish. First and second were tied on points with two races remaining.

The final result had a one-placings worth of points difference between 1st (1,158 pts) and 2nd (1,150 pts) and less than 3 placings worth of points between 2nd and 3rd (1,127 pts). Possibly the closest finish we've had to a swimming carnival.

The results will be announced to the students at our next assembly.

Thank you to all that attended and especially to our fantastic St Paul's staff who ensured such smooth running of the carnival.

I am already looking forward to next year!



## Basketball

St Paul's is continuing to build a reputation in the basketball arena, with several positive remarks from other schools and the Manly Warringah Basketball Association.

The basketball Academies are going from strength to strength. If anyone else would like to join the Academies, just send me an email [adam.malcolm@dbb.catholic.edu.au](mailto:adam.malcolm@dbb.catholic.edu.au).

Save the date: There will be a 3-day skills camp help on Tuesday to Thursday in the first week of the holidays, more details to come.

## Year 7

Primas

Opposition	SPCC	Opp	Coaches award	
St Lukes White	24	13	Rhys	Controlled the Game
Sharks	34	31	Isaac	Top scorer, outstanding defence.

B's

Opposition	SPCC	Opp	Coaches award	
Reapers	14	13	Nixon	Played hard all game

Opposition	SPCC	Opp	Coaches award	
OFG Thunder	17	22	Eli	Great hustle led a comeback effort

## Year 8

Blacks

Opposition	SPCC	Opp	Coaches award	
BYE				
Mater Mustangs	19	50	Kai	Scored majority of points

Brothers

Opposition	SPCC	Opp	Coaches award	
Saints Hoosiers	15	68	Leroy Leger	Good scoring/ listened to teammates

## Year 9

Brownes

Opposition	SPCC	Opp	Coaches award	
Saints Hoosiers	15	68	Leroy Leger	Good scoring/ listened to teammates

## Year 10

Opposition	SPCC	Opp	Coaches award	
Saints Silversword's	25	20	Mark	Great scoring and hustle
Foo Fighters	40	31	Mark	Insane intensity

Red

Opposition	SPCC	Opp	Coaches award
TPHS Clippers	37	14	Oliver Cashin

## Opens

Dunkers

Opposition	SPCC	Opp	Coaches award
BYE			
St Lukes Blue	51	12	Jamie Wall

Simmons

Opposition	SPCC	Opp	Coaches award	
BYE				
Bally Orange	30	30	Max Williams	Highest Scorer & Good defence

29'ers

Opposition	SPCC	Opp	Coaches award	
Wolves	26	40	Riley	Intensity
Pittwater Warriors	34	34		

## NSW STATE S.L.S.C. CHAMPIONSHIPS

Congratulations to Zac Gedz who finished: 4th in the U14 beach sprint and who also won the state gold medal in the U15 beach sprint relay.

Well done Zac!

If there are any other students with results from the State championships at Queenscliff, please forward them on to Mr Malcolm.



### Extra-curricular sport Term 1

Please see Compass for further information and to register your interest in this term and nominations for NSWCCC.

- CSBBS 15's / 18's Rugby League trials Monday 13 March
- CSBBS Swimming Tuesday 14 March

### Registrations

Peninsula Cup- Term 2 – see Compass notification

- Football (Soccer) 14's / 16's / 18's
- Rugby Union 18's

## THURSDAY SPORT

St Paul's Catholic College, Manly 2023 Term 1 Thursday Sport Arrangements for Years 7 to 10										
	1	2	3	4	5	6	7	8	9	10
Y7C	New Term	6 <sup>th</sup> Feb	13 <sup>th</sup> Feb	20 <sup>th</sup> Feb	27 <sup>th</sup> Feb	6 <sup>th</sup> Mar	13 <sup>th</sup> Mar	20 <sup>th</sup> Mar	27 <sup>th</sup> Mar	3 <sup>rd</sup> April
Y8C	New Term	6 <sup>th</sup> Feb	13 <sup>th</sup> Feb	20 <sup>th</sup> Feb	27 <sup>th</sup> Feb	6 <sup>th</sup> Mar	13 <sup>th</sup> Mar	20 <sup>th</sup> Mar	27 <sup>th</sup> Mar	3 <sup>rd</sup> April
Y9C	New Term	6 <sup>th</sup> Feb	13 <sup>th</sup> Feb	20 <sup>th</sup> Feb	27 <sup>th</sup> Feb	6 <sup>th</sup> Mar	13 <sup>th</sup> Mar	20 <sup>th</sup> Mar	27 <sup>th</sup> Mar	3 <sup>rd</sup> April
Y10C	New Term	6 <sup>th</sup> Feb	13 <sup>th</sup> Feb	20 <sup>th</sup> Feb	27 <sup>th</sup> Feb	6 <sup>th</sup> Mar	13 <sup>th</sup> Mar	20 <sup>th</sup> Mar	27 <sup>th</sup> Mar	3 <sup>rd</sup> April
Y7C	KAYAKING	Crane Country	CROSSFIT	KAYAKING	AA JTSU	CROSSFIT	JU JITSU	KAYAKING	ROCK CLIMBING	AA JTSU
Y8C	CROSSFIT	Crane Country	AA JTSU	CROSSFIT	KAYAKING	JU JITSU	KAYAKING	ROCK CLIMBING	AA JTSU	KAYAKING
Y9C	JU JITSU	Crane Country	KAYAKING	AA JTSU	CROSSFIT	KAYAKING	CROSSFIT	JU JITSU	KAYAKING	ROCK CLIMBING
Y10C	SURFING	SURFING	SURFING	SURFING	SURFING	SURFING	SURFING	SURFING	SURFING	SURFING
Y7C	FUTSAL	FUTSAL	FUTSAL	FUTSAL	FUTSAL	FUTSAL	FUTSAL	FUTSAL	FUTSAL	FUTSAL
Y8C	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL
Y9C	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL
Y10C	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL	BEACH VOLLEYBALL

Students are dismissed from the sporting venue at 3pm, with the exception of school-based sport when they are dismissed at 3.20pm.

### VENUE and TRANSPORT ARRANGEMENTS

Sport/Co-Curricular	Venue	Address	Transport	Dismissal Arrangements
Basketball	School		N/A	Dismissed from school
Beach Volleyball	North Steyne, Manly		Walk to and from venue	Dismissed from venue
BMX/MTN	Big Air indoor bike park	6/100 Old Pittwater Road, Brookvale	Bus to venue	Dismissed from venue
Boating	School		N/A	Dismissed from school
Crane Country	Kentia Park, Manly		Bus to and from venue	Dismissed from school
CrossFit	North Head, Manly		Walk to and from venue	Dismissed from venue
Fishing	Lake Park, Narrabeen		Bus to venue	Dismissed from venue
Football	Kentia Park, Manly		Bus to venue	Dismissed from venue
Football	Football Factory-Curl Golf Youth & Community Centre	242 Abbott Rd, North Curl Golf	Bus to venue	Dismissed from venue
Gymnastics	Kentia Park, Manly		Bus to venue	Dismissed from venue
Ju Jitsu	Sydney Ju Jitsu Academy	14 Carter Rd, Brookvale	Bus to venue	Dismissed from venue
Kayaking	Manly Kayak Centre	Manly Wharf, Manly	Walk to and from venue	Dismissed from venue
League Tag/Touch	Kentia Park, Manly		Bus to venue	Dismissed from venue
Martial Arts	Hop, Skip & Punch	5 Gerard St, Nth Manly	Bus to venue	Dismissed from venue
Robotics & Coding	22 South Steyne, Manly		Walk to and from venue	Dismissed from venue
Rock Climbing	Northern beaches Rockhouse	28/29/31/33 Wollstone Rd, Brookvale	Bus to venue	Dismissed from venue
Rowing	Kentia Park, Manly		Bus to venue	Dismissed from venue
Strength & Conditioning	Chocolate Box, Cronan	1/11/13/15 Three Friends, B. Creek Hill	Bus to venue	Dismissed from venue
SEA	Manly Kayak Centre	Manly Wharf, Manly	Walk to and from venue	Dismissed from venue
Surf Survival	SEA	South Steyne, Manly	Walk to and from venue	Dismissed from venue
Surfing	Manly surf school	North Steyne, Manly	Walk to and from venue	Dismissed from venue
U18 Football	School & Various Schools		Bus to venue	Dismissed from school/venue
Weights	School		N/A	Dismissed from school

All Sport enquiries, please contact me at adam.malcolm@dbb.catholic.edu.au

**Mr Adam Malcolm**  
Leader of Sport

## YOUTH MINISTRY AND SOCIAL JUSTICE NEWS

Year 7 enjoyed an Amazing Race encounter last week at Our Light of Christ Centre, Waitara.

The day featured an exploration into the concepts of truth, beauty, and goodness. Bishop Anthony Randazzo explained that it was St Paul who highlighted that we are all in this good race of life, which we become a part of when we are born and which continues until our final destination, heaven.

Belonging to Jesus Christ is the reason we have Catholic Schools. He implored students to keep asking questions, especially why we do what we do as Catholics. Bishop Anthony reminded students to look at all those who have gone before us and to remember signs and sacraments as these show us that we belong to faith.

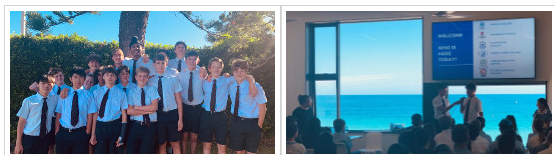


### RUA

On Wednesday 8th March, Year 9 students along with Moriah College, PLC, Cranbrook, Killara High and Auburn Girls are participating in RUA (Respect, Understanding and Acceptance) at North Bondi Surf Club. Students have led presentations about their faith/cultural experiences in workshops. Students



have explored strategies on how to counter racism and have enjoyed memorable musical performances from each of the schools.



## Youth Mass

For your diary:

- 12th March 6pm Youth Mass at North Harbour Parish, Manly Vale
- 19th March 6pm Youth Mass at St Mary's, Manly

**Ms Joanne Kalayzich**  
**Youth Ministry Coordinator**

## DIVERSE LEARNING

Diverse Learning supports all learners at St Paul's and provides dedicated, focused support for students with disabilities who require adjustments. Through the NCCD, schools are required to submit data on the number of students requiring adjustments and the level of support. Details of this data collection can be found on the Australian Government NCCD Parental Fact Sheet . For further information please contact Mr Arthurs, Leader of Diverse Learning.

<https://www.nccd.edu.au/sites/default/files/fact%20sheet%20for%20parents%20guardians%20and%20carers.pdf>

## Homework Club

- Each Monday afternoon from 3:30pm to 4:30pm in classroom S21.

**Mr Ben Arthurs**  
**Leader of Diverse Learning**

## NOTICEBOARD

### Enrolments

We are currently enrolling students for our Year 7 2024 and Year 7 2025 intake.

Our first offers of enrolment for our Year 7, 2025 applicants will commence early in Term 2. To be considered in this round of offers, applicants should submit an application and other documentation to the College by Friday 1st April. Please click here for further information.

Please find attached correspondence from the Department of Education:

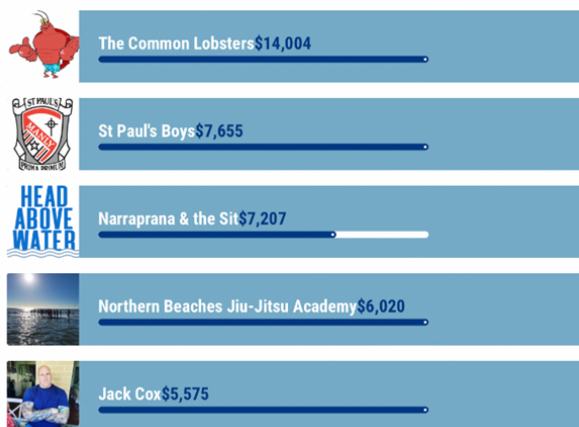
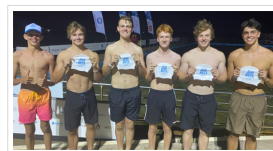
A MUSIC APPLICATION FORM (attached) should be completed and emailed through to the school for those who would like to enrol their child into tuition.

## HEAD ABOVE WATER

Congratulations to St Paul's Head Above Water team, who raised an impressive \$7,655 in the lead up to the weekend's marathon swim effort for Mental Health on the Northern Beaches. They completed the swim over the weekend as a means to addressing a very serious issue in today's society which greatly affects all of us, but particularly our youth, through something as simple as exercise and working together.

The team (most pictured below, but not all) were College Wellbeing prefect George Saunders, College Captain Finn O'Brien, Sonny Harper (who raised over \$1000 by himself), Luka Delaney, Kye Largier, Ben McSorley, Joseph Fountain, Luca Albuquerque, Lee Rogers - all in Year 12, and Reef Maurice (of Year 8).

Of particular note were Year 8 student Reef Maurice, who swam 116 laps and raised \$2950 by himself, Connor Ward who swam 210 laps, and Year 12 Leader George Saunders who put together the team. Thanks for what you have done for the community boys, and for how proudly you represented yourselves, your families, and our college. What a great effort!



**Mr Ben Rowse**  
**Leader of Student Wellbeing Year 12**

## PAST STUDENT RECOGNISED FOR TRAINEESHIP ACHIEVEMENT

Past student of HSC 2020, Rowan Dryden, was recognised at a special ceremony held at Ultimo TAFE and jointly hosted by TAFE NSW and School Infrastructure NSW (SINSW). The 1 March 2023 event marked the completion of a two-year NSW Government Infrastructure Traineeship program for over 70 trainees from the first cohort of 2021, including Rowan.



The NSW Government Infrastructure Traineeship program, managed by School Infrastructure NSW and the Construction Leadership Group, supports Year 12 school leavers with employment in the infrastructure sector while they continue their study.

The program is a partnership, bringing government and industry together to deliver career options in the infrastructure sector for school leavers. Trainees combine study for a Certificate IV TAFE qualification and work in government and industry infrastructure projects. Trainees complete three eight-month rotations of work placements across three different government, industry and contractor positions.

### Interested in the traineeship program?

The Infrastructure Trainee program recruits Year 12 school leavers every year. You can find out more about the Infrastructure Traineeship and how to apply here:

<https://education.nsw.gov.au/public-schools/career-and-study-pathways/infrastructure-traineeships>

## LOST PROPERTY

Lost property is located at the College Reception in the Cardinal's Palace. If your son is missing any item(s) please ask him to check with the College Receptionist to determine whether it may have been handed in.

Please label your son's uniform items. Uniforms are expensive and when they have no identification, we cannot return them to the owner.

If your son has outgrown his school uniform, please consider donating any item in good condition, particularly senior uniform grey shorts, trousers, and blazers – this has proven to be a helpful solution to many boys experiencing wardrobe 'malfunctions' during the school day and is a great way to recycle and reduce landfill.

The College ties are always very welcome as these are often misplaced by the boys.

## SCHOOL UNIFORMS

New uniforms may be purchased from Pickles School wear at 43 Carter Street, Brookvale. Phone number 9905 2711

<https://www.pickleschoolwear.com/school/st-pauls-catholic-college>

## SCHOOL CANTEEN

Yummy Bears Canteen Menu for Term 1, 2023

To register for Flexischools, please follow these instructions <http://www.flexischools.com.au/>

The cut off time for lunch orders via Flexischools each day is 9:00am.

**Tania and Teresa**  
**Yummy Bears Kiosk**

## FOLLOW US ON SOCIAL MEDIA

Are you following us on social media? Important communication will continue to be emailed, posted, and placed in the newsletter but social media is another way to keep up to date with the happenings here at St Paul's.

### FACEBOOK:

<https://www.facebook.com/stpaulsccmanly>

If you have concerns about your son appearing on social media, please alert the College immediately.

## BROKEN BAY NEWS

Broken Bay News publications are available via this link:

<https://www.bbcatholic.org.au/news/broken-bay-news/broken-bay-news-editions>

## PLEASE BOOKMARK THESE LINKS FOR FUTURE REFERENCE

<b>College Website:</b>	<a href="http://www.stpaulsmanly.nsw.edu.au">www.stpaulsmanly.nsw.edu.au</a>
<b>Enrolments email:</b>	<a href="mailto:enrolments@dbb.catholic.edu.au">enrolments@dbb.catholic.edu.au</a>
<b>Student achievements email:</b>	<a href="mailto:stpauls@dbb.catholic.edu.au">stpauls@dbb.catholic.edu.au</a>