



"Prima Primum" - First Things First

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24 February 2023

PRAYER

This week as the universal Church enters into the season of Lent, we hear the words of the Lord our God, spoken through the prophet Joel, 'Come back to me with all your heart.'

With these words we are called to look within ourselves and identify the ways in which our hearts have become divided from God, and from one another. Our Christian understanding of the human person is one that is self-aware but not self-centred. That we realise our full humanity only when we form relationships with others that are life giving by giving of ourselves.

But these relationships are not self-emptying. We are enriched by the self-giving love of other people, including our family, friends and the faith community.

As we begin this solemn season of self-reflection let us make room in our hearts and minds for Christ, whose act of self-giving helps us to overcome our selfishness and draw closer to God.

Come Holy Spirit and fill our hearts. Rekindle in us the faith that draws us closer to God and closer to one another. Help us to live more simply, more generously, and with thanks for the many graces that God has given us, throughout Lent and throughout our lives.

St Paul pray for us.
Blessed Edmund Rice, pray for us.
Live Jesus in our Hearts, forever.

COLLEGE PRINCIPAL

As I write to you the College is a very busy place, preparing to celebrate Open Day on March 2. Open Day is an important part of attracting future enrolments to our College, and this year takes on a new dimension as our inclusive community begins to welcome enrolment inquiries and applications from young women for our 2025 intake. But more than this, Open Day is a celebration of the way in which our College lives out its mission

to provide a quality and authentic Catholic education and to do so with care and compassion.

Please consider joining us on Thursday March 2 and bringing along a friend or neighbour that is looking for the right school for their young ones. Parent volunteers are also most welcome to assist us with hospitality on Open Day, and share with our visitors your experience of being a part of this community.

OPEN DAY 2023 Principal's Address 5.30pm
Thursday 2nd March 2023 4pm - 7pm

Come and visit our College

- Connect with our Student Ambassadors and Teaching Staff
- Actively engage with all Key Learning Area displays
- Meet our College Principal and Student Leaders
- Discover how St Paul's will meet your child's learning needs

REGISTER HERE A safe and supportive community, focused on the learning needs of every student.

PRIMA PRIMUM: First things first
*Enrolling boys into year 7, 2024 and boys and girls into Years 7 & 11, 2025

Welcome Mass

Last week we took the opportunity to celebrate and welcome Year 7, our new staff and the students that have joined us in Years 8, 9, 10 and 11 this year. Together with Fr John Puliparambil from St Mary's parish we celebrated the Eucharist and presented all of our new enrolments with their welcome certificate and portfolio. We look forward to seeing how each student will fill their folio with their achievements throughout their years at St Paul's.

Thank you to the many parents and parishioners that joined us, and for the many kind words that were spoken about our students and their engagement in the Mass.



Driver Safety

The recent tragic story of the young student that lost his life at Macarthur Anglican College in south-west Sydney has given schools across the country pause to review their traffic

management and safety plans. One key safety strategy that St Paul's has adopted over many years is not to allow its students to drive or park on the College grounds. The reasons for this are simple

- among our student population we have boys as young as 11 and 12 who sometimes behave unpredictably, chasing a stray handball across the playground or our internal driveway, and
- those students that hold licences in our senior years are relatively inexperienced drivers.

These two factors dramatically increase the risk that if students were permitted to drive and park on our grounds, a tragic accident could occur.

Like any other workplace, once the risk has been identified, it is our responsibility to put in place measures to eliminate the risk. We do not want any senior student to have to live with the potential consequences and therefore we uphold this rule. The inconvenience of having to park on the street is a small price to pay. I know that our parents understand and will support us in this.

Prima Primum

God bless.

Mr Michael Reid
College Principal

COLLEGE CALENDAR 2023

For 2023 school dates please refer to the calendar in Compass.



Please view our college Facebook page:

<https://www.facebook.com/stpaulsccmanly>



*Inspiring hearts and minds to know Christ,
to love learning, to use their talents
to be the very best they can be.*

ASSISTANT PRINCIPAL

The last two weeks have certainly been filled. Our Welcome Mass last Wednesday was a wonderful celebration of community. Our new students and new staff were welcomed and presented with a certificate and portfolio to store future certificates in. This week we continued the community celebrations as we participated in our Ash Wednesday Liturgy. The liturgy was led by our senior leaders, and it was lovely to see the reverence the students displayed, listening to their peers, and joining in the liturgy.

This week we also hosted the first of our Year 3 Days. This year, due to the College transitioning to co-ed in 2025, we also invited the Year 3 girls. On both days we will host over two hundred Year 3 students and each activity they participated in they were supported by our Year 10 cohort. Our first group all had a great day participating in a range of high school classes, including working in the kitchen and science labs. I am confident that next week our second group will also have as much fun.

Next week on Thursday 2nd March we will be holding our Open Day and all boys have been asked to assist. Your son's Compass schedule will reflect the area they are working in and the time. There will be two sessions: 4:00pm to 5:30pm and 5:30pm to 7:00pm. This is an event that requires many hands and the whole community working together to ensure we have a successful evening.

Ms Karen Shawcross
Assistant Principal

DIRECTOR OF RELIGIOUS EDUCATION

The Term has hardly begun, and the students are heavily into their new topics from the new syllabus. Year 7 have had several interruptions, with Camp and Mass for example, but are beginning to find their feet. Who knows one of their updated College Crest designs might be adopted as we head into fresh waters of the next few years. They will be joining students from other schools on Wednesday the 1st of March at a 'Belong' day at Waitara which should prove to be a great deal of fun.

Year 8 had fun themselves with an in class amazing race, solving puzzles that will open the door for their studies into Jesus' Parables, and the inspiration we get from them.

INSTRUCTIONS

- FOLLOW PATH 1 FROM THE START TO THE FINISH AND DRAW EACH SYMBOL YOU SEE IN THE ORDER IT APPEARS INTO THE BOXES AT THE BOTTOM OF THE PAGE FROM LEFT TO RIGHT.
- REPEAT THIS PROCESS FOR PATH 2.
- ONCE YOU HAVE COLLECTED ALL OF THE SYMBOLS USE THE DECRYPTER AT THE TOP OF THE PAGE TO FIND THE HIDDEN PASSCODE AND ESCAPE.

☀	A	L	I	J	D
☁	N	E	M	T	O
☔	F	W	L	Y	H
➔	Q	I	E	P	V
⚙	K	G	L	U	G
🔒					

ANSWER

PATH 1 SYMBOLS	+	+	+	+	+	+	+
PATH 2 SYMBOLS	=	=	=	=	=	=	=

Year 9 have a heavy unit on Ancient Words where they are delving into the Book of Isaiah, particularly Chapter 53: The suffering servant.

ISAIAH

BOOKS IN OLD TESTAMENT: 23 | CHAPTERS: 66 | TYPE: PROPHECY, MAJOR

OVERVIEW

Isaiah was a prophet who served under four Judah kings. It is likely he met his death as a martyr under the evil king Manasseh, say as well as the future, and foretold of Jesus Christ. Isaiah's unique vision on the consequences of those who have turned their backs on the Lord and the restoration of Israel. Although later prophets quote Isaiah frequently, his writings may be often difficult to understand due to the use of symbolism and literary style.

1 THE SINS OF THE KINGDOMS (ISAIAH 1-39)

Isaiah is called by God to teach repentance to the people. He announces the size of both the southern and northern kingdoms, as well as neighboring countries, and consequences if they don't repent. Isaiah prophesies of Jesus Christ being born of a virgin.

2 THE RESTORATION OF JUDAH AFTER THE EXILE (ISAIAH 40-55)

Isaiah prophesies about the destruction of Jerusalem and Babylon prevailing over Israel. He also prophesies of the Exile and the restoration, which would happen in the next 100 years. Isaiah continues prophesying of Jesus Christ, including his suffering and death on the cross.

3 NEW HEAVENS AND EARTH (ISAIAH 56-66)

Isaiah writes of the new heavens and new earth with some beautiful and hopeful passages. He proclaims hope for the afflicted and judgment for the evil.

Mr Steven Callow
Director of Religious Education

DIRECTOR OF STUDENT WELLBEING FOR LEARNING

Firstly, I would like to thank all the families for helping your sons be organised and prepared for this Term. In the first three weeks of this Term, every Pastoral Care (PC) teacher has attempted to contact each student's family in their Pastoral Care class. The purpose of this phone call or email was to simply check on how your son has settled into the new school year and to see if there is anything we can do in school to support your son. If there is something throughout the year that you feel the school could support your son with, please do not hesitate to contact your son's PC teacher.

Recently, we asked PC classes what they expected from teachers and students. One feature that was raised was that students expected the school uniform to be worn correctly and with pride. This week, we spoke to the students to ensure that all shirts are tucked in, and top buttons are done up. We ask that all families support this message at home as well.

Finally, last week during COURAGE the whole school had an assembly to remind students of the history of the four great houses of the school. The boys then met in their house groups (Bourke, Gilroy, Moran, and Taylor) to listen to words of wisdom from their house captain and then to practise their house chants in preparation for the Swimming Carnival later in the Term. After hearing all the chants, I imagine we are going to have a very competitive and good spirited day.

Mr John Hunt
Director of Student Wellbeing for Learning

TEACHING AND LEARNING

Last week we celebrated our 2022 HSC High Achievers at our opening Mass at St Mary's Catholic Church in Manly. This is a significant event in the College Calendar, not just as we welcome our new students and staff, but particularly as we

recognise the commitment of our most recent HSC class. Liam Wheen, the College Dux, spoke on behalf of his fellow award recipients, Jake Fergusson, James Wood, Tom Dignam, James Nicols and Luke Van Brandwijk, sharing with the school community his HSC journey.

Good morning staff, students, teachers, Mr Reid and to a few of my old classmates sitting here today.

Thank you for the opportunity to come back and address the St Pauls community on my great experience at our school. I would also like to pass on my advice on lessons well learnt during my HSC year. Let's start by saying it's all really just up to you. If you want to give the HSC your best shot and do well, and perhaps even surprise yourself then here are a few of my tricks.

First of all, enjoying your time at school is really quite important, you're here for a while so spend time with your mates and take the opportunities presented to you. Make some great memories and know the difference between the time to play and the time to get serious. In other words, Try and keep a good balance, or equal stoichiometry, as Mr Longfellow would say.

Listen to advice from those who have been through it. I remember making an effort to listen, I remember Bailey Robinson, the DUX of 2021 quoting Mr Walsh in saying, "The pain of studying is much easier to bear than the pain of regret". That stuck with me through my study, especially on those days when you just really cannot be bothered to get on to it.

Your teachers are a very handy utility, especially in year 12. I, along with my cohort, am very grateful for how much my teachers did to help me. Whether that be going out of their way to print numerous practise papers, coming in during holidays instead of being with their families, consistently coming into school early for extension maths or English sprints when sometimes only one student would show up and staying late after school for homework clubs and staying even really late on a Friday afternoon until that crow would start repeatedly flying in to the S13 window. Be like that crow, don't give up ... but try to put that determination toward something more productive...

Try to create some friendly competitive mindsets with your peers, it is said that "In competition, individual ambition serves the common good." and if there's that one guy who seems to understand everything without really trying, just know that given enough time, hard work always beats innate talent.

To prepare you for what's ahead you should start early and find what works for you. You should strive to understand what helps you during your study. If you can attain efficiency in your own learning from Year 7, like deleting tik tok for instance, you will be well set to excel in school. Use motivation to compel you. Weirdly, what worked for me, which I only found out in year twelve, was contrasting the mental toll of studying to physical activity. In one of my quick study breaks during the day, I would sprint around the top of Manly dam to clear my head and reinforce my determination to do well and study harder. I would link the very taxing uphill legs of each run in my mind to the part of the HSC I was in.

What I grasped from this, which I would like to share, was that I learnt that whilst motivation is compelling, it is not as consistent and effective as being disciplined and of regularly just simply getting the job done when you do not want to.

So, I started to run when I didn't want to. I ran in the rain. I ran till I threw up and kept going. And I kept running even after rolling my ankle several times in one run. All of which would make going back to studying, seem so much easier and even enjoyable in parts. To apply this to discipline to study during my HSC year, I began to study before everyone else, whilst some of my mates were going out together in the holidays, I am proud to remember myself walking into to various libraries and working from opening to closing where there was no one else to be seen. This made the time socialising after the HSC seem so much sweeter as if I had truly earned it.

Now the point is certainly not saying you must run but I believe if you really want to do well you should find something that activates your own self-discipline so you can apply that to studying.

I have been accepted into Aeronautical Engineering Honours at the University of Sydney, and whilst I was quite disappointed with my HSC mark, I have chosen all the same subjects, including advanced first year University Mathematics, to transfer into space engineering as soon as possible. What this shows is that the HSC is not the be all end all, there are always options and pathways to be able to do what you want to.

I believe instead of working for a particular mark, although that can be goal, work hard to be proud of the effort you put in and if you keep at, the results will come eventually.

Luke Van Brandwijk:

Stage 5 and 6 students in the Diocese of Broken Bay can study courses outside the regular suite of courses offered in the regular curriculum. This year we have several Year 9 and Year 10 students studying Entrepreneurship and Applied Philosophy. This blended model of learning is particularly attractive to self-motivated students. Last week the Applied Philosophy students attended their first course workshop at St Leo's Wahroonga. I have included a summary of the day from the CSBB Applied Philosophy Teacher, Kim Jones Prosser.

Introduction to Philosophy Day - 14th February

Students from six Broken Bay Catholic high schools gathered at St Leo's for an Introduction to Philosophy Day. These Stage 5 students are enrolled in the Applied Philosophy course, which is a blended learning program run through the CSBB Cross Campus Centre. This day was an opportunity for the students to meet each other and their teacher in person and build a sense of class cohesion.

During the day, the students engaged in various activities and discussions that challenged them to think deeply and reflect on ethical dilemmas, such as the Trolley Problem, and philosophical questions, such as whether life is a game. The event was a great success, giving students a chance to explore ideas that are not typically addressed in their regular curriculum and developing their critical thinking skills.

Madeleine McMahon, a former St Leo's student who went on to achieve an impressive ATAR of 96.1 and is now studying Politics, Philosophy, and Economics/Law at UNSW, joined the students for the day. She shared her experience studying philosophy as a Stage 5 student and how it influenced her later studies in Years 11 and 12. Maddie's presence was a valuable

addition to the day, offering the students a glimpse into the possibilities that studying philosophy can open up for them.

One student commented, "I think it was very interesting to hear others' opinions and meet new people. I loved answering and thinking about questions." This quote highlights the event's success, providing a space for students to engage with new ideas and perspectives, develop their critical thinking skills, and build relationships with their peers from different schools.

The Applied Philosophy course is a unique opportunity for Stage 5 students to explore philosophical concepts, reflect on their own beliefs, and develop their critical thinking skills. The Introduction to Philosophy Day was an excellent way to bring together students from different schools and build a sense of community among them. It was also an opportunity for students to connect with their teacher in person, laying the foundation for a successful learning experience throughout the course.



Mrs Trish McGregor
Director of Teaching and Learning

COLLEGE COUNSELLOR

Help my child hates school:

<https://www.happyfamilies.com.au/shop/product/how-to-help-when-school-sucks>

A link to a social skills program:

<https://www.adhdsupportaustralia.com.au/event/peers-social-skills-for-teens-online-program-13-17-aug/>

School belonging starts at home:

Parents Prepared

Sydney Drug Education & Counselling Centre (SDECC) will be delivering another "Parents Prepared," an online drug education workshop for parents of high school-aged children on:

Thursday 23rd March 2023 from 4.30 to 6.00 pm.

This workshop will provide parents with information about drugs, their effects, and tips for talking to young people about drug use.

Parents can register from the link below.

<https://www.trybooking.com/CFRUV>

Mrs Mary Thomas: Monday, Tuesday, Wednesday
Mrs Danika Mouldsdales: Thursday, Friday
College Counsellors

VET (VOCATIONAL EDUCATION AND TRAINING) AND POST SCHOOL OPTIONS

Careers

Year 11 student Kosta P has commenced a School Based Apprenticeship with Con from Gap Building Solutions Pty Ltd.

Kosta will combine his schooling with working and attending TAFE. Thank you to Con for supporting our students.



For more Careers information, see the link below.

<https://st-pauls-catholic-manly.jobjump.com.au/>

If you would like any further information, please do not hesitate to contact me at

timothy.emmerson@dbb.catholic.edu.au

Mr Tim Emmerson
Leader of Learning VET and Post School Options

YEAR 9 WELLBEING

I hope your son had a wonderful time at Year 9 Camp. From the teacher's perspective, Mr Govers, Mr Murray, Ms Wang, and I had a great time with your sons. The students were exceptional. They were engaged in all the activities, and you should be proud of how well they supported each other over the three days.



Below is an account from two boys who attended:

For the Year 9 Camp, we went to the Colo River in the Blue Mountains National Park. We left the school on Wednesday 8th and came back from the camp on Friday 10th. The experience that me and all my peers had together was incredible. There was a large amount of activities to participate in, and all these activities included teamwork and leadership and mainly having a good time with mates. Some of the activities that I enjoyed the most included canoeing, where we went on a 9-kilometre trip

down the Colo River and we had to be in a two-person canoe, so I couldn't just rely on myself, but I had to work with my peers to keep moving down the river. The activity that I enjoyed the most was cooking, where we would be put into groups of three and have to make a meal from a random recipe from a different culture, and the food would also be tested by the judges to see which meal was the best. I very much enjoyed this activity because it was challenging for us as a group to create the best meal possible with very few ingredients and to not under or over cook anything. But in short, the Year 9 Camp at Colo River was very enjoyable and being able to hang out with mates and peers was great. We got to know each other better and to grow closer as a year group. This was probably the best camp that I have ever been to.

Harry Worrall

On Wednesday 8th Year Nine had the pleasure to experience camp at the Colo River located in the Central Tablelands of New South Wales. My peers and I were extremely privileged to be able to enjoy the beautiful scenery and push ourselves to new heights that we were unaware that we were even capable of. From the 9 km canoeing trip to the 5 km hike, everything we did was designed to push us to our limits and leave us with experiences that would last a lifetime. The camp was completely built upon teamwork and leadership; every canoe was a two-man canoe, so you were constantly having to rely on your ability to communicate and work with your partner to achieve your common goal. Even the little things at camp allowed you to bond and experience newfound friendships, such as constantly asking someone to adjust your rucksack or getting help from someone to set up your tent. Undeniably camp was an amazing experience that our cohort was very privileged to be able to enjoy. We were able to push ourselves outside of our comfort zone, bond with our fellow peers and we were able to leave with an unforgettable experience.

Maheep Singh

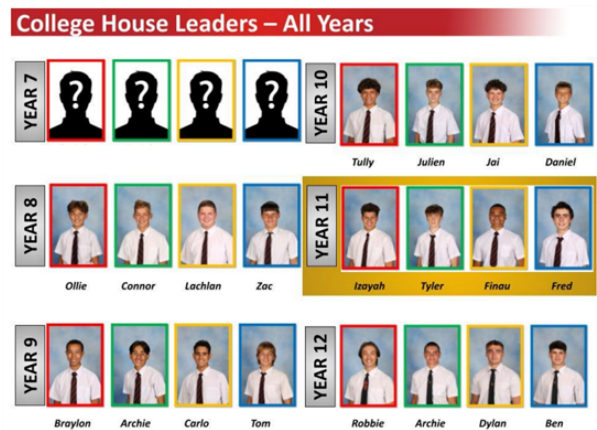
Mr John Hunt
Year 9 Leader of Student Wellbeing

YEAR 12 WELLBEING

To parents and friends of the Class of 2023! COURAGE in Year 12 looks mightily different from the years before. In the junior years we worked on things like positive thinking, character strengths, relationship building and motivation - all things we cannot neglect to help our seniors with. But the flavour of social and emotional learning in Year 12 takes a turn toward a more community focus - what can the boys learn that will enable them to best contribute to their community.

In their first session the students looked at the College's expectations on students, and what they want from their teachers. The input from all the boys was given to Mr Hunt, our Director of Wellbeing, and he is working with the prefects to draft something that represents what our boys want from their school. The two themes that have been preeminent so far are equity and consistency - things students of the Class of 2023 have been well accustomed to since their first day back in 2018. We also had a House spirit COURAGE session, which served as something of a launch for the house competition

this year. Our House captains from 2022 passed the torch to the 2023 house captains (thanks to Finn, Robbie, Josh, and Lachlan for their exemplary leadership in these roles last year), and the new house captains announced the house leaders (pictured below).



We also had a session revising and reminding students of NESA rules and regulations, some important knowledge for students embarking on their HSC, and some inspiring words from Principal Reid and Captain Finn.

Coming up in Year 12's COURAGE are sessions led by KALOF, a Northern Beaches Youth Advisory group who will be getting feedback about the proposed 3-year youth action plan. We also have sessions on International Women's Day, Harmony Day and what the future of work will look like, along with a few prefect-led year assemblies. The highlights of these will be posted on the boy's Google site. As always, we are encouraging our students to take advantage of the resources and programs available to them, including their Google site, which is filled with resources for the year ahead - especially under the Revision link.

<https://sites.google.com/dbb.catholic.edu.au/sspmyear122017/home>



Keep encouraging your sons to work hard and remind them of their theme this year - "Effort is everything."

Mr Ben Rowse
Year 12 Leader of Student Wellbeing

JAPANESE

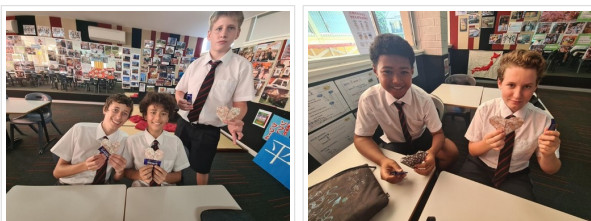
Ask your son- *What's a giri choko?*

Hopefully, you get an answer like this....

A giri choko is an obligation chocolate, where girls give chocolates to boys in their workplace, school, or other social settings on Valentine's Day.

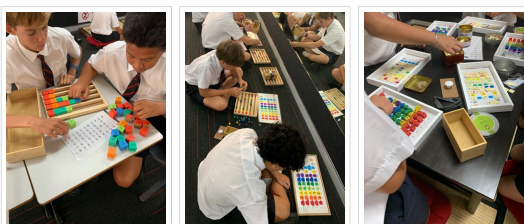
So naturally, we celebrated Valentine's Day in Japanese and all students in Stage 4 and 5 Japanese classes received a girichoko. We also made an origami heart too.

Ms Gilles and I are looking forward to White day on March 14th, where boys return to the favour of chocolates to girls but three times as many!



All Japanese classes have taken on the challenge with learning the Japanese scripts with ease so far this year. Year 8 has had an enthusiastic start learning Hiragana, while Year 9 is progressing well with Katakana and Year 10 Kanji.

We look forward to showing off our language skills to our new Japanese language assistant who will be visiting us from Japan next week.



Host a Japanese student in July



Waseda students are back to St Paul's after a few years of absence, and we could not be happier to welcome them back!

In the past St Paul's has hosted students from our "sister school" Waseda, in Tokyo. This year we are currently looking for homestay families to host a student from July 23rd to August 3rd. Boys from Waseda are aged between 13-15 years old and come to school every day with your son. The students are learning English and are eager to experience an Australian lifestyle.



What do you have to do?

Just provide a bed to sleep in and meals. The weekend is up to you! If your son plays sport, take them along to the game. Allow them to experience your normal Australian lifestyle!

You will also be compensated for their stay.

For more information or to register your interest please contact Mrs Kibby by email Amanda.kibby@dbb.catholic.edu.au or call the College office on 9977 5111.

Mrs Amanda Kibby
Leader of Learning Languages

CREATIVE AND PERFORMING ARTS (CAPA)

2023 has seen a strong start from our students in Creative Arts.

In the music tuition program, we have once again grown in numbers, building on 2022, with students showing a keen interest in learning a variety of instruments.

The college has welcomed several new instruments to the tuition roster, including trumpet, voice, and saxophone.

Next week we have several of our elective students performing at the College Open Day, including the students of our band program and a number of Year 7 and 8 music group performances.

All our classes have been working very hard toward these performances and should be congratulated for the extra practise that has gone into learning their repertoire in such a short amount of time.

In Visual Arts our students have been developing their drawing skills in Year 7, whilst our Year 8 students have begun work on their unique monster creations which you will see around the school later in the Term.

Stage 5 are developing their critical and historical knowledge whilst they focus on their artist profiles and our senior students continue to develop their major works.

I am very happy to share that we now have our third school band which will be a specialist Year 7, contemporary rock band.

The Year 7, contemporary rock band will rehearse on Friday mornings, from 7:45am till 8:45am.

If your son would like to join one of the 3 school bands, please speak with Mr Waller, or the college office staff.

We look forward to another great year of Creativity at St Paul's.

A MUSIC APPLICATION FORM (attached) should be completed and emailed through to the school for those who would like to enrol their child into tuition.

Mr Jordan Waller
Leader of Learning Creative and Performing Arts

SPORT

CSBBS Opens Touch Football

On Tuesday February 14 the Opens Touch football team competed in the CSBBS Gala Day at the Central Coast, which doubles as Broken Bay selections.

The student's effort in trying conditions was highlighted by their coach Miss Thornton and the head of Broken Bay. Most

importantly, both had high praise for the student's behaviour and sportsmanship on the day.

Congratulations gentlemen, you should be proud, and we are thankful the way you represented the College!

Summary from Miss Thornton:

All students made fantastic contributions during gameplay, with particular mention to Blake Long and Archie Earland for being selected to participate in the "Possibles v Probables" match (from which the Broken Bay team will be selected).

Despite the downpour, spirits remained high, with all students eagerly participating, displaying fantastic sportsmanship on the field, and cheering on other schools.

The students had three clear wins in their group- including against the much-fancied St Edwards:

Unfortunately, they had a nail-biting loss in the semis to Mater Maria, after 2 rounds of drop-offs were needed to decide the tight encounter. Blake Long, Archie Earland, Michael Feledy and Ben Gorman putting in 100% effort until the end.

They represented the College immensely well and should be proud of themselves!

Junior Cross country

Years 7 and 8 ran their Cross country down at Kierle Park, just managing to squeeze it in before rain arrived. The vast majority did not give it their best but did so with a smile on their face.

Broken Bay Cross Country will be run on Tuesday May 2nd (Week 3, Term 2) and final selections will need to be ratified at the end of this Term or at the beginning of Term 2.

Podium results:

12's (approx. 3km)			13's (approx. 3km)			14's (approx. 4.5km)		
Kieran Hendriks	13:54	Isaac Feledy	13:37	Connor Ward	21.02			
Nixon Kouzoukas	15:06	Will Thackeray	13:38	Ethan Tolen	23.03			
Jake Brookes	15:52	Thomas Patience	14:03	Reef Maurice	24.48			

Benny Hatch: Silver in the Australian Youth Water Polo Championships



Over the Christmas holidays Benny hatch went to Perth for the Australian youth water polo championships. He and his under 14's team, the Northern Beaches Breakers, had a highly successful tournament coming away with the National silver medal. Congratulations Benny!

Golf

Jedd Thomas in year 12 has a handicap and is looking to enter the competitive American College system.

Last week he played in the "Adida Junior 6's" event at the Lynwood golf club.

On the first day he played 36 holes, posting a 1 under par in the first round of the day and then a 1 over par round in the second. This had him finish the day at even par and in 8th place.

On the second day, he posted another 1 over par round to finish the 54-hole tournament on and in 3rd place overall.

A great consistent effort, well done, Jedd!

Rugby League

There were a couple of ex-St Paul's students playing in the NRL trial matches.

Savelio Tamale signed with St George-Illawarra and scored a try last week with one of his first touches.

Joshua Feledy played for the West Tigers.

We extend our congratulations to these young men and their families. We also wish them the best of luck as we watch with interest their progression in Rugby League.

Basketball

Several St Paul's teams had byes in the first week, but we had several wins and great efforts from all boys that took to the court. Results below.

The Basketball Academies kicked off last week and they were well attended. The students all had smiles on their faces and were very focussed as Scott, our head coach worked with them.

If anyone else would like to join the Academies, just send me an email adam.malcolm@dbb.catholic.edu.au.

Week 3

Year 7

Primas 35 - 28 TPHS Mavericks Coaches award: Jackson Kerr

Year 9

Browns 17 - 27 TPHS Bulls Coaches award: Izack Phokos

Year 10

St. Paul's Red 48 - 11 St Lukes Blue

Coaches award: Hunter Dempsey- great 1st game

Irish 10 - 45 St Lukes Gold Coaches award: Cillian Guy

Opens

Dunkers 19 - 52 TPHS Pistons Coaches award: Jamie Wall-played hard all game

Extra-curricular sport Term 1

Please see Compass for further information and to register your interest in this term and nominations for NSWCCC.

- **SPCC SWIMMING CARNIVAL** Tues 7 March
- CSBBS 13's touch Wed 8 March
- CSBBS 15's / 18's Rugby League trials Mon 13 March
- CSBBS Swimming Tues 14 March

Thursday Sport

St Paul's Catholic College, Manly 2023
Term 1 Thursday Sport Arrangements for Years 7 to 10

	1	2	3	4	5	6	7	8	9	10	
	1 st Feb	8 th Feb	15 th Feb	22 nd Feb	29 th Feb	7 th Mar	14 th Mar	21 st Mar	28 th Mar	4 th April	
HOC	Year 7 Girls	Cross Country	Self Survival at Manly Beach	Self Survival at Manly Beach	Self Survival at Manly Beach	Self Survival at Manly Beach	Self Survival at Manly Beach	Self Survival at Manly Beach	FUTSAL AT SCHOOL	BEACH VOLLEY-BALL	CROSSFIT
HOC F	Year 7 Girls	Cross Country	Self Survival at Manly Beach	Self Survival at Manly Beach	Self Survival at Manly Beach	Self Survival at Manly Beach	Self Survival at Manly Beach	Self Survival at Manly Beach	CROSSFIT	FUTSAL AT SCHOOL	BEACH VOLLEY-BALL
HOC B	Year 7 Girls	Cross Country	Self Survival at Manly Beach	Self Survival at Manly Beach	Self Survival at Manly Beach	Self Survival at Manly Beach	Self Survival at Manly Beach	Self Survival at Manly Beach	BEACH VOLLEY-BALL	CROSSFIT	FUTSAL AT SCHOOL
HOC F C	KAYAKING	Cross Country	CROSSFIT	KAYAKING	JAZZ	CROSSFIT	JAZZ	KAYAKING	ROCK CLIMBING	JAZZ	
HOC F P	CROSSFIT	Cross Country	JAZZ	CROSSFIT	KAYAKING	JAZZ	KAYAKING	ROCK CLIMBING	JAZZ	KAYAKING	
HOC F S	JAZZ	Cross Country	KAYAKING	JAZZ	CROSSFIT	KAYAKING	CROSSFIT	JAZZ	KAYAKING	ROCK CLIMBING	
HOC F S P	SURFING	SURFING	SURFING	SURFING	SURFING	SURFING	SURFING	SURFING	SURFING	SURFING	
HOC F S P F	FUTSAL	FUTSAL	FUTSAL	FUTSAL	FUTSAL	FUTSAL	FUTSAL	FUTSAL	FUTSAL	FUTSAL	
HOC F S P F B	BEACH	BEACH	BEACH	BEACH	BEACH	BEACH	BEACH	BEACH	BEACH	BEACH	
HOC F S P F B S	BEACH	BEACH	BEACH	BEACH	BEACH	BEACH	BEACH	BEACH	BEACH	BEACH	

5.9 Camp --- DRAFT ONLY - sports subject to change

Students are dismissed from the sporting venue at 3pm, with the exception of school-based sport when they are dismissed at 3.20pm. ---

VENUE and TRANSPORT ARRANGEMENTS

Sport/Co-Curricular	Venue	Address	Transport	Dismissal Arrangements
Basketball	School	North Steyne, Manly	N/A	Dismissed from school
Beach Volleyball	Big Air Indoor bike park	6-100 Old Pittwater Road, Brookvale	Bus to venue	Dismissed from venue
BMX/MTN	School	N/A	Dismissed from school	Dismissed from school
Boxing	North Head Crossfit	North Head, Manly	Bus to and from venue	Dismissed from venue
Cross Country	North Head Crossfit	North Head, Manly	Bus to and from venue	Dismissed from venue
CrossFit	North Head Crossfit	North Head, Manly	Bus to venue	Dismissed from venue
Fishing	Lake Park, Narrabeen	Lake Park, Narrabeen	Bus to venue	Dismissed from venue
Football	Kelika Park, Manly	Kelika Park, Manly	Bus to venue	Dismissed from venue
Futsal	Football Factory- Curt Curt Youth & Community Centre	242 Abbott Rd, North Curt Curt	Bus to venue	Dismissed from venue
Games	Kelika Park, Manly	Kelika Park, Manly	Bus to venue	Dismissed from venue
Ju. Jitsu	Sydney Ju. Jitsu Academy	14 Carter Rd, Brookvale	Bus to venue	Dismissed from venue
Kayaking	Manly kayak Centre	Manly Wharf, Manly	Walk to and from venue	Dismissed from venue
League Tag/Touch	Kelika Park, Manly	Kelika Park, Manly	Bus to venue	Dismissed from venue
Martial Arts	Hop, Skip & Punch	5 Grand St, Wb Manly	Bus to venue	Dismissed from venue
Robotics & Coding	22 South Steyne, Manly	22 South Steyne, Manly	Walk to and from venue	Dismissed from venue
Rock Climbing	Northern beaches Rockhouse	42-50-52 Wollongbar Rd, Brookvale	Bus to venue	Dismissed from venue
Skating	Kelika Park, Manly	Kelika Park, Manly	Bus to venue	Dismissed from venue
Strength & Conditioning	Chocolate Box, Cromer	11-15/151 Three Paradis, S. Creek Rd	Bus to venue	Dismissed from venue
Ski	Manly kayak Centre	Manly Wharf, Manly	Walk to and from venue	Dismissed from venue
Surf Survival	SEA	South Steyne, Manly	Walk to and from venue	Dismissed from venue
Swimming	Manly surf school	North Steyne, Manly	Walk to and from venue	Dismissed from venue
Tennis	School & Various Schools	School	N/A	Dismissed from school/venue
Volleyball	School	School	N/A	Dismissed from school

All Sport enquiries, please contact me at adam.malcolm@dbb.catholic.edu.au

Mr Adam Malcolm
Leader of Sport

YOUTH MINISTRY AND SOCIAL JUSTICE NEWS

Youth Mass

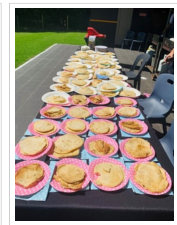
For your diary

- 12th March 6pm Youth Mass at North Harbour Parish, Manly Vale
- 19th March 6pm Youth Mass at St Mary's, Manly



Project Compassion

Well done to Lochlan, Declan, Nelson, Luca, Ashe and Connor on whipping up several hundred pancakes with all proceeds going to Project Compassion. The warm weather did not deter student's appetites and the College raised \$600. The College will be fundraising for Project Compassion throughout Lent through PC's, and we look forward to seeing their creative campaigns.



Ms Joanne Kalayzich
Youth Ministry Coordinator

DIVERSE LEARNING

Diverse Learning supports all learners at St Paul's and provides dedicated, focused support for students with disabilities who require adjustments. Through the NCCD, schools are required to submit data on the number of students requiring adjustments and the level of support. Details of this data collection can be found on the Australian Government NCCD Parental Fact Sheet. For further information please contact Mr Arthurs, Leader of Diverse Learning.

<https://www.nccd.edu.au/sites/default/files/fact%20sheet%20for%20parents%20guardians%20and%20carers.pdf>

Homework Club

- Each Monday afternoon 3:30pm -4:30pm in classroom S21.

Mr Ben Arthurs
Leader of Diverse Learning

ENROLMENTS

We are currently enrolling students for Year 7 2024.

Please find attached correspondence from the Department of Education:

The College **Open Day** is scheduled for Thursday 2nd March 2023 from 4:00pm to 7:00pm.

OPEN DAY

St Paul's Catholic College Manly

Thursday 2 March 2023 4pm - 7pm

Co-educational opportunities coming 2025

COME AND VISIT OUR COLLEGE
A safe and supportive community, focused on the learning needs of every student.

- Connect with our Student Ambassadors and Teaching Staff
- Meet our College Principal and Student Leaders
- Actively engage with all Key Learning Area displays
- Discover how St Paul's will meet your child's learning needs

PRIMA PRIMUM: First things First

Michael Reid, College Principal
St Paul's Catholic College Manly
124 Darley Road,
Manly NSW 2095
9977 5111
stpaulsmanly.nsw.edu.au

Scan Now To Register

Principal's Address 5:30pm



*Inspiring hearts and minds to know Christ,
to love learning, to use their talents
to be the very best they can be.*

NSW School Vaccination Program, Monday 6th March 2023

NSW Health will offer the following vaccinations at your school clinic to all **Year 7 students**;

Year 7 – Human Papilloma Virus (HPV). dTpa will be given at a clinic later this year.

In 2023 the following vaccines will be offered:

- Year 7, students are offered free vaccines for diphtheria-tetanus-pertussis (dTpa) and human papillomavirus (HPV). Only a single dose of HPV is now required.
- Year 10, students are offered the meningococcal ACWY vaccine

If your child is in Year 7 or Year 10 this year, you can now provide online consent for their routine school vaccinations. **Please complete this consent at least 2 days prior to the school clinic.**

Vaccination will only be provided at school if consent has been received.

LOST PROPERTY

Lost property is located at the College Reception in the Cardinal's Palace. If your son is missing any item(s) please ask him to check with the College Receptionist to determine whether it may have been handed in.

Please label your son's uniform items. Uniforms are expensive and when they have no identification, we cannot return them to the owner.

If your son has outgrown his school uniform, please consider donating any item in good condition, particularly senior uniform grey shorts, trousers, and blazers – this has proven to be a helpful solution to many boys experiencing wardrobe 'malfunctions' during the school day and is a great way to recycle and reduce landfill.

The College ties are always very welcome as these are often misplaced by the boys.

SCHOOL UNIFORMS

New uniforms may be purchased from Pickles School wear at 43 Carter Street, Brookvale. Phone number 9905 2711

<https://www.pickleschoolwear.com/school/st-pauls-catholic-college>

SCHOOL CANTEEN

Yummy Bears Canteen Menu for Term 1, 2023

To register for Flexischools, please follow these instructions

<http://www.flexischools.com.au/>

The cut off time for lunch orders via Flexischools each day is 9:00am.

Tania and Teresa
Yummy Bears Kiosk

World Day of Prayer 2023 Taiwan



When: Friday 3 March 2023 10.00am, followed by Morning Tea in the Parish Centre

Where: St Kieran's Church 2 King Street Manly Vale

Contact: 02 9949 4455

HEAD ABOVE WATER

Head Above Water is a mental fitness charity, founded by Connor Ward's Dad - Andrew. Heading into its 5th year, the Head Above Water group has raised over \$540,000 for mental

health initiatives on the Northern Beaches, reaching over 8,750 people.

FOLLOW US ON SOCIAL MEDIA

Are you following us on social media? Important communication will continue to be emailed, posted, and placed in the newsletter but social media is another way to keep up to date with the happenings here at St Paul's.

FACEBOOK:

<https://www.facebook.com/stpaulsccmanly>

If you have concerns about your son appearing on social media, please alert the College immediately.

BROKEN BAY NEWS

Broken Bay News publications are available via this link:

<https://www.bbcatholic.org.au/news-events/broken-bay-news/broken-bay-news-editions>

PLEASE BOOKMARK THESE LINKS FOR FUTURE REFERENCE

College Website: www.stpaulsmanly.nsw.edu.au

Enrolments email: enrolments@dbb.catholic.edu.au

Student achievements email:
stpauls@dbb.catholic.edu.au

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