



"Prima Primum" - First Things First

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18 November 2022

PRAYER

This week we celebrate the Feast of Christ the King which was proclaimed by Pope Pius XI in 1925. In the years following the inhumane loss of 20 million lives in World War I there was a marked decline in religious practice as many people were disillusioned that their prayers had gone unanswered. Pope Pius challenged this thinking and wrote that the evil the world had just witnessed had occurred because of those in power rejecting the person and the law of Jesus, imposing their own thirst for domination on the world.

The Feast of Christ the King is a reminder and a celebration that Jesus' law of love is the ultimate good in this world. If love reigns overall, every nation and all the world's people will receive His promise of *life to the full*.

Jesus Christ, our Lord, and King, who by your self-giving love opened up to us the promise of eternal life,
Kindle in our hearts a love that will the good of all people,
and builds your kingdom in justice, fairness, and goodness.

St Paul pray for us.

Blessed Edmund Rice, pray for us.

Live Jesus in our Hearts, forever.

COLLEGE PRINCIPAL

This week the College welcomed the newest members of our family, those Year 6 students that will commence Year 7 in the new year, or as they are also now known, the HSC Class of 2028. This cohort will be the third consecutive Year 7 to be bigger than the group before them as our college continues to attract more families each year.



There are two upcoming events in the life of our college at which I warmly invite you to join us.

Tuned to Teens

This Wellbeing presentation for parents on Wednesday 23 November, is presented by our College Counsellors, Mary Thomas, and Danika Mouldsdale, and will focus on strategies for parents to support their son's social and emotional wellbeing (which in turn will support their learning). Parents of Years 7 and 8 are particularly invited but all parents are welcome.



Parents of Years 7 & 8 are invited to join us for a one-hour session focussed on supporting your son's social and emotional wellbeing. College Counsellors Mary Thomas and Danika Mouldsdale will explore strategies and supports drawn from the popular Tuning in to Kids® and Tuning into Teens® programs.

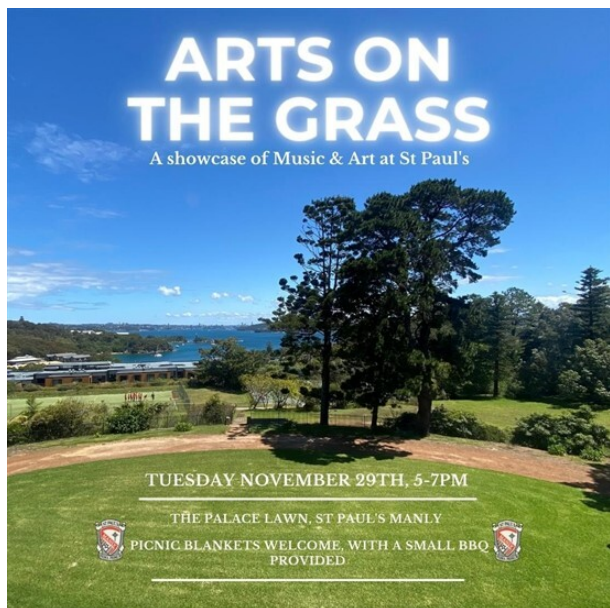
Wednesday 23 November from 6:30 – 7:30 in The Waterford Hall



Arts on the Grass

The other is our second and final Music and Arts at St Paul's. With fingers crossed for fine weather this showcase of our students' talents in music and creative arts will take place on the front lawn of the Palace on Tuesday evening, 29 November.

Against the stunning backdrop of the North Harbour, parents can view some of our students' recent artworks whilst being entertained by their musical talents (and possibly a closing performance by some of our teachers). Add in a BBQ to support the St Vincent de Paul Christmas Appeal and it promises to be a great night out.



Prima Primum

God bless.

Mr Michael Reid
College Principal

COLLEGE CALENDAR 2022

For 2022 school dates please refer to the Google Calendar



Please view our College Facebook page

<https://www.facebook.com/stpaulsccmanly>

ASSISTANT PRINCIPAL

This week we welcomed our Year 7 Class of 2023 on Wednesday. This cohort spent the day experiencing a day in the life of high school. On arrival they were given their timetable and divided in classes based on their Houses. They spent the day in lessons including TAS, Music, Art, Science, COURAGE and Sport. Nervous smiles started the day, but by the time we had the BBQ lunch with their Year 12 'big brother', nervous smiles had been replaced with beaming grins. We followed the day with the Parent Information Evening, and the parents reported that their sons were full of excitement after the day here at the College.

Next week we have our Year 9 cohort attending Camp. This camp was postponed from Term 1 when the area was cut off due to the flooding that was occurring at the time. I am sure that everyone attending will have a great time, and many thanks to

the Teachers who are also attending as they spend time away from their families to create a great experience for the group.

There also some events happening at the College over the next two weeks that I encourage all parents to attend. Firstly, there is the 'Tuned to Teens' presentation taking place on Wednesday 23rd November from 6:30pm to 7:30pm in The Waterford Hall. Our College Counsellors, Mary and Danika, will present strategies focused on supporting your son's social and emotional wellbeing.

Secondly, this semester's showcase of Music will also include the Art installations as 'Arts on the Grass' which will held at the College on the Palace Lawn on the evening of Tuesday 29th November from 5.00pm to 7.00pm.

Ms Karen Shawcross
Assistant Principal

TEACHING AND LEARNING

The busyness of the school year continues. Students in Years 7-10 are currently preparing for and completing assessment tasks in most of their subjects. Their achievements in these tasks will contribute to their Semester 2 grade. It is important that these tasks are given the attention they deserve and provide students with the opportunity to demonstrate their achievement of outcomes in each of their courses.

Year 12 (2023) has commenced the HSC course work. For most subjects there will be assessments in coming weeks, and these assessments all contribute to their final assessment grade for their 2023 HSC school assessment mark. It is imperative that each student apply himself in a diligent and sustained manner over the next 11 months. This will ensure that he is able to develop his knowledge and understanding in each of his courses studied and make the most of the assessment opportunities to successfully demonstrate his achievement.

The final month of the school year allows time to reflect on the year that has been. It gives us the chance to celebrate success and achievement, but also identify areas for improvement in the new school year. Next year, student organisation will be high on our agenda. It is essential that students are organised for class, which means they have all equipment necessary for each of the subjects they are studying. The simple things such as charged laptops, stocked pencil cases and exercise books have been overlooked by some students. Basic organisation reduces stress and ensures that each student is ready to learn.

Mrs Trish McGregor
Director of Teaching and Learning

VET (VOCATIONAL EDUCATION AND TRAINING) AND POST SCHOOL OPTIONS

Following the successful excursion last week to Palo Alto I would like to share this Careers in STEM article with you. STEM Careers Cyber Security Article

Careers -

Careers Bulletin

Click this link for the latest edition of the Careers Bulletin.

For more Careers information see the link below

<https://st-pauls-catholic-manly.jobjump.com.au/>

If you would like any further information, please do not hesitate to contact me at garth.aid@dbb.catholic.edu.au.

Mr Garth Aird

Leader of Learning VET and Post School Options

YEAR 8 WELLBEING

Year 8 have been focusing on the "Culture of Kindness" in COURAGE and homeroom time.

Students have been asked to reflect upon these four concepts and to consider how to make a kinder school.

1. Recognise the inspirational power of kindness.
2. Encourage kind behaviour
3. Make kindness a prerequisite of leadership.
4. Practice random acts of kindness.

Each PC have then individually worked together to create and present a student led Year Assembly. All members of the class have participated in some way from creating resources to presenting and speaking to the Year group.

Mr Longfellow and PC3 went first and did a fantastic job, creating logos, poems and inspirational quotes focusing on kindness. We look forward to what the other PC groups deliver in the coming weeks.



Dr Natasha Perrett

Year 8 Leader of Student Wellbeing

YEAR 9 AND 10 WELLBEING

During Courage Year 9 and 10 have been looking at their personal strengths and how they can use these to make good choices for themselves and for others. They have been taught about future thinking, behaviour, and how you make decisions. By focusing on their strengths, rather than their flaws, they can be more resourceful and resilient in the face of adversity. Focusing attention inward and listing their strengths can make them more self-aware and help to see where they can improve.

Year 9 have also been preparing for their camp at Camp Somerset (23rd-25th November). We look forward to three days of outdoor adventure, relationship building and character development.

Meanwhile Year 10 have been going through the process of electing House Leaders for the 2023 school year. We look forward to announcing the successful nominations later this Term.

Mr Anthony Noyes

Year 9 and 10 Leader of Student Wellbeing

YEAR 12, 2023

Thank you to Jasper, Paddy, and Joshua of Tomorrow Man for coming out to work with the Class of 2023 in Monday's workshop. Tomorrow Man explored the impact of rigid masculine gender stereotypes and expectations, taught the students a variety of tools and skills to help build stronger connections, challenge the stereotypical image of young males and encourage them to develop emotional strength and resilience. The boys were riveted by the challenging experiences and activities throughout the workshop, and it was well timed – coming off the back of the retreat, so the connections between the boys are stronger than ever. #learningwithcourage



Mr Ben Rowse

Year 11 Leader of Student Wellbeing

HUMAN SOCIETY AND ITS ENVIRONMENT

Now is the exciting time in Term 4 where Year 11 boys move on to their HSC courses and many get to start one unit extension courses. In HSIE it is very exciting to start a new class for History Extension. This course, like Ancient and Modern History, offers students the opportunity to engage in a deep investigation of places, people, and events in the past. It differs however in that it presents a higher level of challenge with its greater emphasis on historiography.

The History Extension course is about the nature of history, and how and why historical interpretations are developed from different perspectives and approaches over time. Among other things, the boys will have a chance to explore some of the problems and issues that go with the construction of history through sampling the works of various writers, historians and others involved in the practice of history.

During the course we will look at the Presidency of JFK as a case study and the boys will undertake their own research

project that involves producing a substantial piece of historical writing relating to an area of their own interest.

It is a challenging but very rewarding course that compliments not only the work being done in Ancient and Modern History but other subjects that involve source analysis and critical thinking and can help equip the boys with many valuable skills for the world outside school.

We wish the Extension History Class of 2023 all the best with their studies



Mr Stephen Murray
Leader of Learning HSIE

MATHEMATICS

Term 4, Year 11 became Year 12 students. As such they will sit their first HSC assessment task this Term. The Advanced class have a written assignment on trigonometric functions modelled by sound waves and tides. The Extension 2 task relates complex numbers (imaginary numbers) to fractals. Extension 1 task in week 9 relates to proof by Mathematical Induction and 2 dimensional vectors.

- Standard 2 have an assignment on interest rates, loans, and depreciation.
- Year 7 will learn perimeter, area, and probability.
- Year 8 will learn Pythagoras' theorem and statistics.
- Years 9 and 10 will learn quadratic equations/expressions.

Mr Simon Baker
Leader of Learning Mathematics

SPORT

Cricket

NSW Catholic Colleges participate in the Berg Shield (U15) and the Downey Trophy (Open).

Unfortunately, the boys just missed out making it to the 2nd round. Thank you to Mr Ben Falconer for the coaching the boys.

Touch

Years 7 to 11 participate in the Peninsula Cup Touch at Nolan each Monday. Currently both teams are on a 100% record.

Basketball

Teams participate in the Northern Beaches Basketball Association at Warriewood. All teams are in semi-final contention with the semi-finals just one round away.

Thursday Sport

	OCT 13	OCT 20	OCT 27	NOV 3	NOV 10*	NOV 17	NOV 24**	DEC 1	DEC 8
7 th D S	ROCK CLIMBING	YEAR 7 GAMES					BOWLING	YEAR 7 GAMES	ROCK CLIMBING
7 th D P		YEAR 7 GAMES	SURF EDUCATION	SURF EDUCATION	SURF EDUCATION	SURF EDUCATION		YEAR 7 GAMES	
7 th D C	BOWLING	YEAR 7 GAMES					ROCK CLIMBING	YEAR 7 GAMES	BOWLING
8 th D S	JUI JITSU	CROSSFIT	FISHING	BOWLING	CROSSFIT	FISHING	JUI JITSU	CROSSFIT	FISHING
8 th D P	CROSSFIT	FISHING	BOWLING	CROSSFIT	FISHING	BOWLING	CROSSFIT	FISHING	JUI JITSU
BMX/Mtn Bike	BMXMTN	BMXMTN	BMXMTN	BMXMTN	BMXMTN	BMXMTN	BMXMTN	BMXMTN	BMXMTN
YEAR 9/10 Surfing	SURFING	SURFING	SURFING	SURFING	SURFING	SURFING	SURFING	SURFING	SURFING
YEAR 9/10 Futsal	FUTSAL	FUTSAL	FUTSAL	FUTSAL	FUTSAL	FUTSAL	FUTSAL	FUTSAL	FUTSAL
YEAR 9/10 Basketball	BBALL OUTSIDE	BBALL OUTSIDE	BBALL OUTSIDE	BBALL OUTSIDE	BBALL	BBALL	BBALL	BBALL	BBALL
YEAR 9/10 Other	FISHING	BOWLING	CROSSFIT	FISHING	BOWLING	CROSSFIT	FISHING	BOWLING	CROSSFIT

Students are dismissed from the sporting venue at 3pm, with the exception of school based sport when they are dismissed at 3.20pm. **

VENUE and TRANSPORT ARRANGEMENTS

Sport/Co-Curricular	Venue	Transport	Dismissal Arrangements
Surf Survival	South Steyne Manly	Walk to and from venue	Dismissed from venue
Cross Country	Keirle Park	Bus to and from venue	Dismissed from venue/Dismissed from school
League Tag/Touch	Keirle Park	Bus to venue	Dismissed from venue
Basketball	School	N/A	Dismissed from school
Futsal	Curt Curt Community Centre	N/A	Dismissed from venue
U14s Football	School & Various Schools	Bus to venue	Dismissed from school/venue
Weights	School	N/A	Dismissed from school
Boring	School	N/A	Dismissed from school
Martial Arts	Res. Stee & Pynch. 4 Girard St, Nth Manly	Bus to venue	Return to School
CrossFit	North Head	N/A	Dismissed from school
Football	Keirle Park	Bus to venue	Dismissed from venue
Surfing	North Steyne Manly	Walk to and from venue	Dismissed from venue
SUP/Rafting	Manly Wharf	Walk to and from venue	Dismissed from venue
Strength & Conditioning	Chocolate Box, Cromer	Bus to venue	Dismissed from venue
BMX/Mtn	6106 Old Pittwater Road	Bus to venue	Dismissed from venue
Games	Keirle Park	Bus to venue	Dismissed from venue
Robotics & Coding	22 South Steyne	Walk to and from venue	Dismissed from venue
Rock Climbing	42/9-13 Wairoane Rd, Brookvale	Bus to venue	Dismissed from venue
Fishing	Lake Park, Narrabeen	Bus to venue	Dismissed from venue
Skating	Keirle Park	N/A	Dismissed from venue

EXTRA-CURRICULAR SPORT TERM 4

Please see Compass for further information and to register your interest in extra-curricular sports in Term 4. The list of events is as follows:

1. Years 7/8 Peninsula Cup Touch – Monday 4.00pm to 5.00pm at Nolan Reserve, Manly
2. Years 9/10/11 Peninsula Cup Touch – Monday 4.00pm to 5.00pm at Nolan Reserve, Manly
3. Cricket
4. BBSSSA Surf Lifesaving – Thursday 24 November
5. BBSSSA Tennis – Tuesday 29 November
6. BBSSSA Beach Volleyball – Tuesday 29 November (Year 11 only)

All Sport enquiries, please contact me at timothy.emmerson@dbb.catholic.edu.au.

Mr Tim Emmerson
Leader of Sport

YOUTH MINISTRY AND SOCIAL JUSTICE NEWS

Thank you Year 10 students who this week assisted in helping find a permanent position on site for new saplings that were donated by Northern Beaches Council. Thank you to our eco team for the continuous care of these plants as they begin to mature.



VINNIES CHRISTMAS HAMPERS

There are only three Fridays left until we will deliver our Christmas Hampers to nominated families in our community who need your help to bring them a Gift of Hope this Advent through our Vinnies Christmas Hampers.

We are asking each student for a Gift of Hope through collecting the specified items that your PC teacher has allocated you and deciding to offer something extra with a gift card or chosen gift. Items can be brought down to the Edmund Rice Cottage and be placed into your PC's Hamper box. These will be delivered on Wednesday 7th December with the help of Year 10 students who will personally deliver them to the homes of people in our community who would benefit from receiving a gift of hope in the lead up to Christmas.

We ask that the gifts not to be wrapped, so we can allocate the appropriate gift to the correct family. So, please start bringing in your items next week.



SENIOR RETREAT

What an incredible three days for the Class of 2023 having gathered taking in the glorious surroundings of Camp Kedron for their Senior Retreat. Students were involved in all aspects of activities and were especially keen to get involved in sharing the musical talent of Mr Chris Doyle. Thursday evening will long live in the hearts of our students as one of reconciliation and gratefulness for the many blessings they have. Thank you to Mr Ben Rowse for sharing his testimony and to all teachers who so generously shared their stories and gave of their time. Thank you to Mr Steven Callow for leading the Retreat and the endless games that made the retreat so much fun.



Ms Joanne Kalayzich
Youth Ministry Coordinator

DIVERSE LEARNING

Diverse Learning supports all learners at St Paul's and provides dedicated, focused support for students with disabilities who require adjustments. Through the NCCD, schools are required to submit data on the number of students requiring adjustments and the level of support. Details of this data collection can be found on the Australian Government NCCD Parental Fact Sheet . For further information please contact Mr Arthurs, Leader of Diverse Learning.

<https://www.nccd.edu.au/sites/default/files/fact%20sheet%20of%20parents%20guardians%20and%20carers.pdf>

Homework Club on Monday Afternoon

Homework club runs each Monday afternoon from 3:30pm to 4:30pm in room S21. All students and subjects are welcome, especially senior students willing to support our junior students.

Homework Club staff:

- Mr Ben Arthurs
- Mrs Trish McGregor
- Ms Julie Jones
- Ms Andrea McKenzie

We look forward to seeing many students there!

Mr Ben Arthurs
Leader of Diverse Learning

NOTICEBOARD

Enrolments

We are currently enrolling students for Year 7 2024.

The College Open Day is scheduled for Thursday 2nd March 2023 4:00pm – 7:00pm. Further details will be available shortly.

Collection Notice information for parents

Family Registration Form 2023

All families are required to complete this form and must include the details of all family members attending any NSW school next year.

The Family Registration Form 2023 must be signed and dated and returned to the College Reception by Wednesday 30th November. It can be emailed to stpauls@dbb.catholic.edu.au

Note: this form must be signed by both parents / caregivers please.

Ms Judy Longrigg
Principal's PA & Bursar

Dee Why Mobile Blood Donor Centre

One in three people in Dee Why will need blood during their lives – we need locals like you spreading the word, that blood may not be there at the crucial moment.



Every gift makes a difference to someone in hospital, school, a parish or the wider community.

PASTORAL WORKS Broken Bay

Pastoral Works Broken Bay is the pastoral charity of the Catholic community in Broken Bay.

In supporting our pastoral works you are helping our dedicated catechists provide thousands of state school students with a Catholic education; and helping us provide comfort, care, a listening ear and the sacraments to those who are vulnerable or experiencing loneliness, illness and isolation through our hospital chaplaincy program.

Our pastoral works also assist students with disability achieve their dreams, and provides practical support for the deaf community. Your gift does make a difference. It maybe young people in schools, someone in hospital, a parish or the wider community.

My prayer is that Pastoral Works Broken Bay enables us to reach further and wider in helping our community, and more deeply connects us to our vision and the mission of Jesus. I am deeply grateful for your support.

Most Rev Anthony Randazzo DD JCL,
Bishop of Broken Bay



CATHOLIC DIOCESE OF BROKEN BAY

Thank you for your generosity

For many in our community, your generosity means the Church can be there during times of great need, renewing and rebuilding their lives. Your donations support five ministries:



Hospital Chaplaincy & Pastoral Care Practitioners

Helping those who are vulnerable, experiencing loneliness or sick in hospital.



Confraternity of Christian Doctrine

Catechists taking the gospel to State school students.



St Lucy's School

Serving year K-12 students with disability.



St Edmund's College

Serving year 7-12 students with disability.



Epiphata Centre

Pastoral care, sacraments, and advocacy for the deaf community.



All donations over \$2 are tax deductible. ABN 87 849 944 998
To donate, complete the form in the envelope available in your parish and return to your parish.
Or go online by scanning the QR code and visiting bbcatholic.org.au/pastoralworks. Thank you.

2023 TEXTBOOK AND STATIONERY REQUIREMENTS

The list of your son's textbook requirements for 2023 is now available from the link below please place your order online before Monday, 12th December 2022 to ensure the books are delivered before school commences.

<http://www.campion.com.au/>

New Books

Orders are to be prepaid and will be delivered during the week ending Friday, 13th January 2023. To ensure effective processing and delivery it is important **all orders** are submitted online via the link below using the following 4-digit access code "YMV6" (not case sensitive) by Monday, 12th December 2022.

<http://www.campion.com.au/>

Your textbook pack will be delivered to an address nominated by you, either home or office for \$16.95 per order.

Second-hand Books

Parents are invited to buy and sell their second-hand books online via the link below

<http://www.sustainableschoolshop.com.au/>

If you have any queries, please do not hesitate to telephone the Information Resource Centre (I.R.C.) via the College Reception on 9977 5111.

Mrs Nicola Pervan
Information Resource Centre

LOST PROPERTY

Lost property is located at the College Reception in the Cardinal's Palace. If your son is missing any item(s) please ask him to check with the College Receptionist to determine whether it may have been handed in.

Please label your son's uniform items. Uniforms are expensive and when they have no identification, we cannot return them to the owner.

If your son has outgrown his school uniform, please consider donating any item in good condition, particularly senior uniform grey shorts, trousers, and blazers – this has proven to be a very helpful solution to many boys experiencing wardrobe 'malfunctions' during the school day and is a great way to recycle and reduce landfill.

The College ties are always very welcome as these are often misplaced by the boys.

SCHOOL UNIFORMS

New uniforms may be purchased from Pickles School wear at 43 Carter Street, Brookvale. Phone number 9905 2711

CANTEEN

School Canteen Assistant

Yummy Bears Kiosk Pty Ltd is seeking a School Canteen Assistant to commence immediately - come and join our friendly YBK Team at St Paul's Catholic College Manly.

We are offering a permanent part-time position, 3 days a week and we work 40 weeks per year during school Term only from 8:00am to 2:30pm. (negotiable).

New Employees are required to apply for a Working with Children Check and Food Safety Certificate. Mandatory COVID vaccination proof or valid medical exemption evidence.

For more information, please phone Tania on 0423 855 273

To register for Flexischools, please follow these instructions

<http://www.flexischools.com.au/>

The cut off time for lunch orders via Flexischools each day is 9:00am.

Tania and Teresa
Yummy Bears Kiosk

FOLLOW US ON SOCIAL MEDIA

Are you following us on social media? Important communication will continue to be emailed, posted, and placed in the newsletter but social media is another way to keep up to date with the happenings here at St Paul's.

<https://www.facebook.com/stpaulsccmanly>

If you have concerns about your son appearing on social media, please alert the College immediately.

BROKEN BAY NEWS

Broken Bay News publications are available via this link:

<https://www.bbcatholic.org.au/news-events/broken-bay-news/broken-bay-news-editions>

PLEASE BOOKMARK THESE LINKS FOR FUTURE REFERENCE

College Website:	www.stpaulsmanly.nsw.edu.au
Enrolment's email:	enrolments@dbb.catholic.edu.au
Student achievements email:	stpauls@dbb.catholic.edu.au