



## "Prima Primum" - First Things First

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3 June 2022

### PRAYER



***Come, Holy Spirit, fill the hearts of Thy faithful  
and kindle in them the fire of Thy love.***

*St Paul pray for us.  
Blessed Edmund Rice, pray for us.  
Live Jesus in our Hearts, forever.*

### COLLEGE PRINCIPAL

Earlier this week I had the opportunity to attend the launch of the Pastoral Mission document 'One in Christ' by Bishop Anthony Randazzo. This document accompanies Bishop Anthony's earlier Pastoral Letter and focuses on the mission of the Church to evangelise - to go out into the world and share the Good News of God's love.

As Bishop Anthony spoke at the launch I was reminded of the words often attributed to St Francis of Assisi, *Preach the Gospel at all times, and when necessary using words.* Although St Francis may never have actually said this, the sentiment that actions are more effective than words when it comes to spreading love, showing respect to others and fostering good will in our world, is undisputed.

One way in which our students have taken up the challenge of doing good for others is by giving of their time to prepare meals for One Meal. One Meal is an initiative of the Northern Beaches Community Cooperative that delivers cooked meals and fresh food hampers to those most in need. Many of these people are referred to One Meal by social workers, including Catholic Care.

I am incredibly proud of the young men that have taken the time after school to support this initiative and put First Things First. I am also grateful to Ms Kate Murphy, Mr Garth Aird and Mr John McDonnell who have also given their time to guide the boys in their efforts.

As we head into winter this week there are many more people, throughout our city and on the Northern Beaches, that are in need of our support. If you are able I would encourage you to support the Vinnies Winter Appeal, providing emergency accommodation, financial assistance for those that cannot afford to heat their homes, and much more. To give to the Winter Appeal go to:

<https://donate.vinnies.org.au/winter-appeal>

*Prima Primum*

God bless.

**Mr Michael Reid  
College Principal**

### COLLEGE CALENDAR 2022

For 2022 school dates please refer to the Google Calendar



<https://www.facebook.com/stpaulsccmanly>

### ASSISTANT PRINCIPAL

Last week our Stage 5 Commerce class commenced the Enterprise in the Community programme which involved businesses with real problems asking the class to find solutions. The business partners will mentor the students over the next few weeks and the valuable hands-on experience working with these business owners will be invaluable. The business partners launched their problems last week and the class was divided into groups and assigned one of the problems. The unit of

work will be finalised with a presentation back to the business partners with either a solution to the issue or a change of direction that may not have been thought of yet. If your son is in the Commerce class, I encourage you to ask them about their business and how they are progressing in finding a solution.

This week students in Years 7, 9-12 (and any new students in Year 8) were issued their ID cards. The cards are used for signing into the College when late and may be used as a form of ID. Any student who has yet to receive a card, this may be due to not having an ID photo taken at the beginning of the year or they have yet to collect it from their PC teacher.

Friday 10th June is a staff development day for the College staff. Therefore, there will be no classes as all staff will be involved in meetings for the day. I thank you for your support in the College staff for this day.

**Ms Karen Shawcross**  
**Assistant Principal**

## DIRECTOR OF RELIGIOUS EDUCATION

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The National Reconciliation Week 2022

The theme for 2022 is “Be Brave. Make Change” — to Be Brave and tackle the unfinished business of reconciliation so we can Make Change for the benefit of all Australians.

National Reconciliation Week from 27 May to 3 June is a time for all Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia. This has been touched upon during RE lessons throughout the week. Students have been challenged to be involved in some way, even if that is just to think about the issue. Our students are living in historical time, not least in Australia’s changing mood around indigenous issues and they are invited to be an active participant in making change real.

**Mr Steven Callow**  
**Director of Religious Education**

## TEACHING AND LEARNING

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Stage 6 2023 Subject Planning is well underway. Year 10 students joined Stage 6 students at the Northern Beaches Careers Expo at Miramare Gardens in Terrey Hills last Thursday. This event provided students with the opportunity to speak with a range of providers for post school options. Having exposure to the myriad of opportunities available to young people can provide some insight into their planning for an HSC pattern of study.

On Monday evening a large contingent of Year 10 students and their parents braved the cold to attend the Stage 6 Planning Presentation at St Paul’s. I thank the members of staff who presented during the evening, and to all Leaders of Learning for sharing their subject knowledge with Year 10 students at subject selection seminars this week. The process of making informed choices when selecting an HSC pattern of study is lengthy, but necessary. The more informed, the better the choices, and the better the choices the more likely that students

will engage in their Stage 6 pattern of study with diligence and sustained effort.

It was wonderful seeing our Year 7 students attend the Zoo this week, as part of their science program. Our Year 11 Photography, Video and Digital Imaging Class were also offsite on Wednesday, developing their portfolios for VPDI. Next week Year 9 Science students will be heading to Little Manly Beach and Manly Cove to apply their learning to the local environment. Year 11 PDHPE can put their learning into practise as they continue to mentor and coach primary students from our local Catholic schools. The ability to apply learning in practical contexts provides meaningful opportunities for our students, and I thank the teaching staff for including these opportunities in their teaching and learning programs, and to the College support staff for their work in supporting teachers to provide these opportunities.

Next week the Music Department will host the Music at St Paul’s Concert Series. The opportunity for Music students to showcase their craft is another example of Learning in Action, and I thank Mr Waller and Mr Jan for all their efforts in ensuring that our music students can experience the performance component of their music study.

**Mrs Trish McGregor**  
**Director of Teaching and Learning**

## COLLEGE COUNSELLORS

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Feelings of stress and anxiety can be our bodies way of keeping us safe from danger. The tipping point happens when these feelings affect daily life. When we’re very anxious or stressed all the time it is difficult to cope with how we go about normal challenges at school and with friends.

Check out these tips for stress and anxiety.

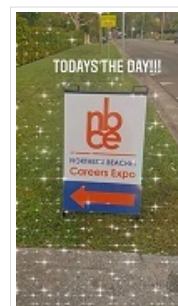
**Mrs Mary Thomas: Monday, Tuesday, Wednesday**  
**Mrs Danika Mouldsdales: Thursday, Friday**  
**College Counsellors**

## VET (VOCATIONAL EDUCATION AND TRAINING) AND POST SCHOOL OPTIONS

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### Northern Beaches Careers Expo

On Thursday 26 May our Year 10, 11 and 12 students attended the Northern Beaches Careers Expo at the Miramare Gardens, Terrey Hills. This is an annual event which offers young people the opportunity to investigate options for when they decide to leave secondary education and support that transition from adolescence to adulthood. Our students were able to listen to presentations from the Universities Admissions Centre (UAC) and Training Services NSW before having the opportunity to talk to the expo exhibitors that included Universities, Employers and other training providers.



## VET Construction Work Placement

This week our Year 12 VET Construction students are out at a week's work placement where they are gaining invaluable industry experience. This opportunity gives our students greater insight to a prospective career path. Students are based on a variety of sites around the Northern Beaches and are working in a range of Construction specialisms including Tilers, Builders, Carpenters and Landscapers. We thank all the employers for supporting our students.

## VET Sports coaching - First Aid

Our Year 11 Sport Coaching students recently achieved the apply first aid competency. Where students demonstrated they were able to provide a first aid response in a range of situations. This is an important lifelong skill that will empower our students to respond appropriately in times of crisis or emergency in helping members of the community when life threatening situations arise.

## Careers Bulletin

[https://drive.google.com/file/d/1cyPxFn\\_j1ExiMiUVuM7TAWg0pOrDBXQv/view?usp=sharing](https://drive.google.com/file/d/1cyPxFn_j1ExiMiUVuM7TAWg0pOrDBXQv/view?usp=sharing)

## 2022 University Early Entry Program Information

<https://drive.google.com/file/d/1CosKsvfCYnU1lxPBj-pDX1BxvjiKHw94/view?usp=sharing>

## 2022 University Open Days

[https://drive.google.com/file/d/1Vqp7dsrZz6-YZ\\_27pqkINKaV-AFKfe9/view?usp=sharing](https://drive.google.com/file/d/1Vqp7dsrZz6-YZ_27pqkINKaV-AFKfe9/view?usp=sharing)

For more Careers information see the links below

<https://st-pauls-catholic-manly.jobjump.com.au/>

If you would like any further information, please do not hesitate to contact me at [garth.aird@dbb.catholic.edu.au](mailto:garth.aird@dbb.catholic.edu.au)

**Mr Garth Aird**

**Leader of Learning VET and Post School Options**

## HSIE

On the 27th of May, the Australia Remembers Committee hosted a memorial service to mark the 80th Anniversary of the Defence of Sydney at the 'Australia's Memorial Walk' at North Head Sanctuary in Manly. St Paul's was proud to send our Captain James Wood and Prefect Tom Dignam to represent the College and lay a wreath in remembrance. It was our further honour to have James give the vote of thanks at the service to the keynote speaker Brigadier Cox, a former Army Artillery officer who was instrumental in the creation of the memorial at North Head. James spoke eloquently of the significance of the commemoration of the Defence of Sydney, and I am proud to include his address here. Well done James and Tom. Prima Primum!



**Leader of Learning HSIE**  
**Mr Stephen Murray**

## MATHEMATICS

In Weeks 8 and 9 Years 10-12 will have assessments tasks.

Year 10 have subject selection for Year 11, 2023. I am available to discuss options with students and parents.

Year 12 Advanced and Extension will have revision lessons on Wednesday and Thursday on each week during the Term break. The purpose of those classes is preparation for the Trial Exams which commence in Week 3, Term 3. It will be the first-time students will sit a three-hour exam.

Year 11 will sit an end of Preliminary Year Exam at the end of Term 3. From Term 4 (Year 12) assessment marks count towards their HSC final mark.

Year 7 students undertaking the Dirichlet enrichment program are completing their first problem.

Jack draws a diamond on various grid squares. Then, for each vacant square he counts how many squares horizontally, vertically, and diagonally next to it that have a diamond. He then writes that total in the vacant square. For example, here is a complete  $4 \times 4$  grid:

1	◇	◇	2
3	4	4	◇
◇	◇	3	1
3	◇	2	0

**Leader of Learning Mathematics**  
**Mr Simon Baker**

## PDHPE



### Year 7

Year 7 have transitioned well into their new learning topic, named "Getting Along". Within this topic students have been challenged with their understanding of why people choose to treat others with and without respect. Students look deeply into

the complex issue of bullying.

Students have been undergoing the practical learning topic of "Tactical Smarts" where they are challenged to create adaptive movement patterns in team sports to achieve more effective positional movements.

### Year 8

Year 8 PDHPE students have continued well into their unit of study "Rights and Responsibilities". This unit has been exploring promoting equality, recognising inequality in relationships as well as strategies to promote healthy relationships.

The practical component of the students' involvement in PDHPE this Term is the learning unit "On the Ball". This unit focuses on the Development of ball games enhancing skills and allowing inclusive participation. The images below sample a game developed here at St Paul's called "Moneyball".



**Leader of Learning PDHPE**  
**Mr Lionel Newton**

## CREATIVE AND PERFORMING ARTS

### Year 9

Year 9 PDHPE students have been covering the unit of study "Building Identity and Relationships". Within this unit students are challenged to understand Sexual identity, relationship types and individual expectations, influences on identity, body image, self-awareness, inclusivity and diversity. As a review of their understanding, the students have been issued with an assessment task. This task requires them to apply the knowledge they have acquired in class, along with their ability to critically analyse information available from the media on the issues from one of the following two statements; "Relationships need to be equal and respectful to be fulfilling" Or "Young people need to take greater responsibility for their own and others' health and safety in relationships".

### Stage 5 PASS

Students undergoing the stage 5 elective course, Physical Activity and Sports Studies, will be undergoing the topic of "Safety in Sport". This unit of study involves analysing the role of first aid in sport, recognising dangers and ways to avoid potential accidents during physical activity.

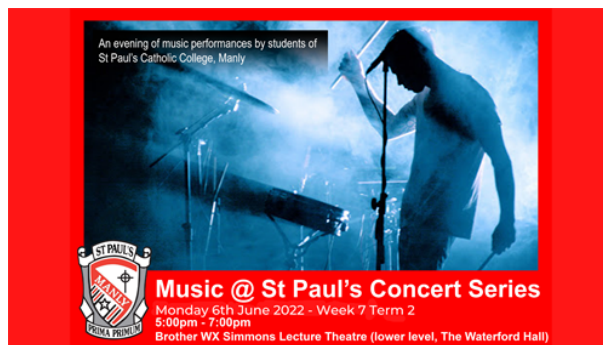
### Year 10

Year 10 PDHPE students have been participating in their unit of study this Term, "Stepping Out". This unit of study involves taking a mature approach to the challenging areas Sexual health, dangers of drug use including alcohol, violence, safety at night, safe partying, how to seek help in a crisis. The topic is concluded with a literary analysis task, where students are required to critically analyse 3 stimuli provided on a topic of their choice, explored in the current unit of study.



### Year 11 PDHPE

Students have finalised their current area of study Stage 6 First Aid. To conclude this topic, students were challenged to respond to a variety of first aid scenarios, where they applied the skills learnt in class with a practical application on a fellow peer.



On Monday evening 6th June, our elective music and extra-curricular Music students will take part in the Music at St Paul's performance evening.

The performances will take place in The Waterford Hall, in the Brother WX Simmons Lecture Theatre and will run from 5:00pm to 7:00pm.

We welcome all our parents and families to join us in celebrating the many musical talents of our boys here at St Paul's.

If you have any questions, please do not hesitate to contact Mr Waller for further information.

**Mr Jordan Waller**  
**Leader of Learning Creative and Performing Arts**

## VET SPORT COACHING

During Week 5 students from Year 11 completed their First Aid course. This was a big deal for these students for several reasons. For the students in Year 11 VET Sport Coaching, they completed a whole unit of competency in one day. For the students in Year 11 PDHPE, they were able to deepen and enrich their learning they are doing in their elective unit of study. But for all students, they have been taught how to respond and help in an emergency, contribute back to their community by being more qualified citizens, and each have received a valuable lifelong skill set. Thank you to Melissa and the team at Hand on Heart First Aid training for their facilitation of the course.

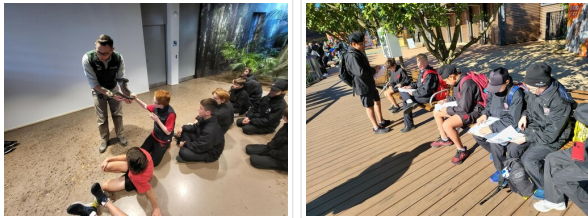


**Mr Benjamin Rowse**  
**VET Sport Coaching teacher**

## YEAR 7 ZOO EXCURSION

During our visit to Taronga Zoo on Wednesday our Year 7 students were able to relate with the structure and function of living things to their classification, survival and reproduction. They gathered data firsthand about animal behaviour and considered how an understanding of adaptations is crucial for the design of all animal enclosures.

Zoos can provide opportunities for conservation, research, and education. They can facilitate and further Scientists' collection of biological evidence and understanding of the living world.



**Mr David Longfellow**  
**Leader of Learning Science**

## YEAR 8 WELLBEING

As we approach the halfway mark of Term 2 it is important to remind students of the importance of organisation and responsibility. Both factors are very important for success at school and helps minimise stress especially around assessment tasks.

St Paul's students are always encouraged to be responsible and organised learners, which means ensuring they have all the necessary equipment for every lesson, so they are ready to learn as well as completing all in class and home study tasks to the best of their ability.

During our Wellbeing sessions we continue to explore the PERMAH model. In recent sessions we have discussed Banter and how at times words can become hurtful. The importance of thinking before you act or speak and FOMO and why we need to beat it.

Many of the above themes are magnified by the overuse of social media and phone use. I encourage you to talk to your son about his use of social media and the importance of being responsible on these platforms.

As parents you might find it useful to explore the esafety commission website.

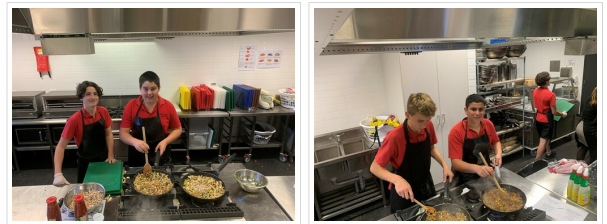
<https://www.esafety.gov.au/>

**Dr Natasha Perrett**  
**Year 8 Leader of Student Wellbeing**

## YEAR 9 WELLBEING

Year 9 have been working hard during their COURAGE lessons developing their social and emotional learning skills. Year 9 began Term 2 by looking at Flow State. "Flow" is a state of mind – achieved when a person feels completely engaged in their performance or work, lose their perception of time, concentrate on the moment (without distraction or dilution), and perform at extremely high levels. The next COURAGE session looked at improving their relationship with their teachers and most recently Year 9 focused on the difference between banter and bullying. Positive relationships with both teachers and peers are essential to maximising learning potential – reaching that 'Flow State'.

The Year 9 cohort has continued to lead the way with merits and bronze awards, something the boys should be very proud of. Another great initiative is the 'One Meal' charity that St Paul's have partnered with. On the 26th May a group of Year 9 students gave up their Thursday sport time to prepare meals for those less fortunate for One Meal with Ms Murphy. They worked extremely hard and did an amazing job.



The next major event for Year 9 will be their Reflection Day on Thursday 9th June. It should be a great experience for the young men of Year 9.

**Mr Anthony Noyes**  
**Year 9 and 10 Leader of Student Wellbeing**

## YOUTH MINISTRY AND SOCIAL JUSTICE NEWS

### Venio Retreat

Our Year 10 students Granger Gorrell, Ashton Quilter and Finau Tuionetoa participated in the Venio Retreat at the St Josephite Spirituality Centre at Kincumber over the weekend.

Over 30 young people from 6 high schools grew deeper in their faith and we thank the Youth Ministry team from St Peter's Catholic College Tuggerah for their leadership.

Our students are now looking forward to sharing their experience with the wider community and journeying to the World Youth Day in Italy and Lisbon in 2023. If you have a son in Year 9 or Year 10 who is interested in being part of this pilgrimage, please contact Ms Joanne Kalayzich [joanne.kalayzich@dbb.catholic.edu.au](mailto:joanne.kalayzich@dbb.catholic.edu.au)



## Catholic Earthcare Youth Summit

Great to see our Year 11 students George, Ben, Jay and William stepping up to participate in Catholic Earthcare's Youth Summit alongside 35 schools from across Australia. The day featured Nicole Lewis from B&B Highway Project and illustrated the importance of biodiversity and doing everything we can to ensure all our pollinators are thriving. Our students have committed to placing some strategic water features around the site including some bird houses to encourage safe passage for all creatures great and small.



**Ms Joanne Kalayzich**  
Youth Ministry Coordinator

## SPORT

### Term 2 Sports

The wet weather continues to cause havoc with several Peninsula Cup games cancelled in Weeks 4 and 5. The U14s football team continue to improve with a narrow loss to Mater Maria.

### Representative Sport

Congratulations to Jack Mason on his selection to the NSWCCC Open Football team.



## Internal Sport

After all the rain we have experienced over the past few weeks, our Under 13's rugby league players enjoyed running on Keirle Park in the sun during sport.

I'm sure these skills will be helpful when playing other schools later this Term.



## BBSSSA Opens Basketball

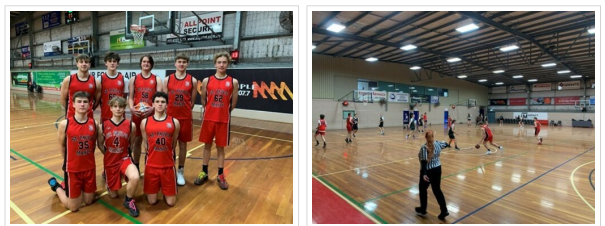
After two extremely close losses in their first two games (by 4 points and 1 point respectively) played at Breakers Indoor Sports Stadium in Terrigal, our St Paul's team were disappointed but remained very upbeat.

Following a hard fought draw and a late game-equalising 3-point shot, the team were then up against a very strong Mater Maria College, Warriewood team. The boys were outplayed but once again, they still remained positive and searching for their first victory.

Although they had a player down due to injury, the team rallied for their first win which was comprehensive and certainly a reward for their tenacity and resilience. They finished the tournament with their heads held high.

Above performance and victories, the boys should be most proud of their exemplary behaviour on and off the court. They were well-mannered and displayed outstanding sporting behaviour.

The team were a credit to St Paul's and deserve commendation.



**Mr Aaron Hooper**  
Teacher

All Sport enquiries, please contact me at [timothy.emmerson@dbb.catholic.edu.au](mailto:timothy.emmerson@dbb.catholic.edu.au)

**Mr Tim Emmerson**  
Leader of Sport

## DIVERSE LEARNING

Diverse Learning supports all learners at St Paul's and provides dedicated, focused support for students with disabilities who require adjustments. Through the NCCD, schools are required to submit data on the number of students requiring adjustments and the level of support. Details of this data collection can be found on the Australian Government NCCD Parental Fact

Sheet. For further information please contact Mr Arthurs, Leader of Diverse Learning.

<https://www.nccd.edu.au/sites/default/files/fact%20sheet%20for%20parents%20guardians%20and%20carers.pdf>

## Homework Club on Monday Afternoon

St Paul's offers all students from Year 7 to Year 12 the opportunity to receive additional support for the completion of homework, assessment tasks or test revision.

Our homework club is held every Monday afternoon during Term time from 3:30pm to 4:30 pm in classroom S21 and provides students with a quiet, supervised study space with a variety of Teachers giving support.

Homework Club support staff:

- Mr Ben Arthurs
- Mrs Trish McGregor
- Ms Julie Jones
- Mrs Andrea McKenzie

We look forward to seeing many students there!

**Mr Ben Arthurs**  
**Leader of Diverse Learning**

## NOTICEBOARD

### Enrolments and College Tours

We are currently enrolling students in Year 7 2023 and Year 7 2024. Prospective families are invited to join one of our regular tours of the College with Michael Reid. To register please email [stpauls@dbb.org.au](mailto:stpauls@dbb.org.au) or phone 9977 5111

### Collection Notice information for parents:

### Music Lessons at school:

## LOST PROPERTY

Lost property is located at the College Reception in the Cardinal's Palace. If your son is missing any item(s) please ask him to check with the College Receptionist to determine whether it may have been handed in.

Please label your son's uniform items. Uniforms are expensive and when they have no identification, we cannot return them to the owner.

If your son has outgrown his school uniform, please consider donating any item in good condition, particularly senior uniform grey shorts, trousers and blazers – this has proven to be a very helpful solution to many boys experiencing wardrobe 'malfunctions' during the school day and is a great way to recycle and reduce landfill.

The College ties are always very welcome as these are often misplaced by the boys.

## CANTEEN

### School Canteen Assistant



Yummy Bears Kiosk Pty Ltd is seeking a School Canteen Assistant to commence immediately - come and join our friendly YBK Team at St Paul's Catholic College Manly.

We are offering a permanent part-time position, 3 days a week and we work 40 weeks per year during school Term only from 8:00am to 2:30pm. (negotiable).

New Employees are required to apply for a Working with Children Check and Food Safety Certificate. Mandatory COVID vaccination proof or valid medical exemption evidence.

*For more information, please phone Tania on 0423 855 273*

To register for Flexischools, please follow these instructions

<http://www.flexischools.com.au/>

The cut off time for lunch orders via Flexischools each day is 9:00am.

**Tania and Teresa**  
**Yummy Bears Kiosk**

## SCHOOL UNIFORMS

All Year 11 and 12 students should be wearing the College Blazer with the long grey trousers in Term 2 and Term 3.

Uniforms may be purchased from Pickles at 43 Carter Street, Brookvale. Phone number 9905 2711

### FOLLOW US ON SOCIAL MEDIA

Are you following us on social media? Important communication will continue to be emailed, posted, and placed in the newsletter but social media is another way to keep up to date with the happenings here at St Paul's.

<https://www.facebook.com/stpaulsccmanly>

If you have concerns about your son appearing on social media, please alert the College immediately.

## BROKEN BAY NEWS

Broken Bay News publications are available via this link:

<https://www.bbcatholic.org.au/news-events/broken-bay-news/broken-bay-news-editions>

### PLEASE BOOKMARK THESE LINKS FOR FUTURE REFERENCE

<b>College Website:</b>	<a href="http://www.stpaulsmanly.nsw.edu.au">www.stpaulsmanly.nsw.edu.au</a>
<b>Enrolment's email:</b>	<a href="mailto:enrolments@dbb.catholic.edu.au">enrolments@dbb.catholic.edu.au</a>
<b>Student achievements email:</b>	<a href="mailto:stpauls@dbb.catholic.edu.au">stpauls@dbb.catholic.edu.au</a>