



"Prima Primum" - First Things First

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5 February 2021

PRAYER

At the beginning of the new school year as Year 7 students are introduced to the routines, the structures, the people and the places that will make up daily life, we begin with who we are as a community; our identity. One of the ways in which this is expressed is in our College prayer.

*Father, as we turn to You at the beginning of each day,
we see You in all that surrounds us.*

*Give us the grace to recognise the countless gifts
You have given us, to appreciate the important things in life
and to love everyone and everything that You have made.*

*Teach us, Lord, to set high goals,
establish proper standards, value what is right,
prize what is worthwhile, seek what is noble and virtuous
and to strive for excellence in every aspect of our lives.*

*Give us the strength, to shun what is petty and superficial,
reject what is worthless and to despise what is selfish.*

*With Your grace, Lord, we will live full and happy lives with
proper priorities, encouraged by our motto: **Prima Primum:**
First things first*

The words of this prayer capture the Celtic spirituality of the first Catholics to settle in this land, and those that established the Church and our College on the shores of Manly. We see God in all that surrounds us - both the natural world and the people with whom we share it - and we strive to respond accordingly. We despise selfishness, and we hold to the values of our faith.

St Paul, pray for us.

Blessed Edmund Rice, pray for us.

Live Jesus in our Hearts, forever.

PRINCIPAL

On behalf of the College Staff and our Student Leaders it is my pleasure to welcome you all to the 2021 academic year. Whether you are a new family to the College or one that is continuing with us for another year we thank you for the great

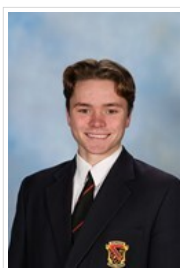
honour of choosing St Paul's as your partner in educating the young men in our care.

As part of the community of Catholic Schools in the Diocese of Broken Bay, St Paul's strives to offer an authentic, professional Catholic Education that is delivered with care and compassion. To this end the Teaching Staff of the College began their first day back for the year exploring each student's learning data and planning to ensure that they meet the needs of every student. Most importantly, they did this together, drawing upon their shared professional knowledge and relationships with the students. This is the mark of a school that is focussed on learning and cares for its young men, wanting each one of them to experience success in his own way and continue to grow.

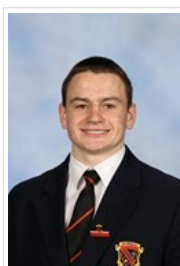
Being new to the St Paul's community myself, I have spent a good deal of time visiting classrooms in the past week, getting to know the students in their learning environment. What has impressed me most is the way in which classes have settled into good learning routines from day one from Year 7 to Year 12. I have also been struck by the open and friendly manner of the students, the way in which they have welcomed me and the other new members of staff, and the care they have shown towards those students that have joined the community this year. We can expect great things from these young men if both school and home continue to have high expectations of them, encourage them and hold them to account, and guide them in making good choices in learning and life.

This week we also took the opportunity to celebrate the successes of the Class of 2020. Callum Brannon, Ryan Hughes, and Nicholas Taylor were particularly acknowledged for their achievements.

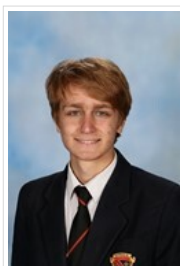
- Nicholas has been named as an HSC All-Rounder by NESAs, achieving Band 6 results across his courses and attaining an ATAR rank of **97.85**, placing him third in the College for 2020. Nicholas has also been nominated for the Freshwater Community Bank tertiary scholarship which will be announced next week.



- Ryan excelled in his STEM subjects, obtaining a much sought-after place in the Engineering faculty at the University of New South Wales. Ryan also placed equal first in Mathematics Extension 2 among the Catholic Schools of the Diocese of Broken Bay, attaining an ATAR of **98.75**.



- Callum, not to be outdone, placed equal first with Ryan in Mathematics Extension 2, whilst also excelling in English and Studies of Religion. Callum's ATAR rank of **99.30** has earned him a place at the University of New South Wales studying for a double degree in Mathematics and Economics as well as DUX of the College.



Together these three students' results are on par with the best in the State and reflect not only their hard work, but that of their Teachers from their first years at school, through to St Paul's. A clear demonstration that the K-12 Pathway from our local and parish primary schools to our proud College is a path to success.

Finally, I ask you to join me in welcoming those staff that have joined us from the start of this year:

- Mr Ben Arthurs, **Leader of Diverse Learning**. Ben comes to us with a wealth of experience in this area, most recently at Mater Maria College, Warriewood.
- Mr Ian Pettit, **English Teacher**. Ian has worked in schools from the Riverina to the nation's capital and joins us from Catholic Education in the Archdiocese of Canberra Goulburn.
- Ms Andrea McKenzie, **Diverse Learning Assistant**. Andrea's background includes working with International Schools at Board level.

- Mr Julian Maskell, **Diverse Learning Assistant**. Julian brings his experience from the world of business, solving challenging problems to assist our students.

You are all very welcome and we hope that you will have a long, happy, and fulfilling association with St Paul's.

God bless.

Mr Michael Reid **College Principal**

Please check out the College on Social Media

<https://www.facebook.com/stpaulscatholiccollegemanly>

<https://www.linkedin.com/company/st-paul-s-catholic-college-manly/?viewAsMember=true>

ASSISTANT PRINCIPAL

Welcome back to another great year. I pray that all members of our community have had a safe and healthy break. Though spending time with others was not always possible, I hope that you still made the most of your time with family. This week we have welcomed new staff and students to the College, during an assembly and liturgy held here at the College on Tuesday. Traditionally this would have been at our welcoming Mass but as this was not possible with COVID restrictions, we assembled with socially distanced chairs, here at the College in The Waterford Hall. All of the new members of our College community were presented with a welcome certificate by Mr Reid. Following this we congratulated our high achievers from the HSC class of 2020. The class of 2020 achieved great results and we are truly proud of them. Callum Brannon – College DUX 2020 and Ryan Hughes – Second place – both offered some words of wisdom to the College assembly on how to receive great results. Their words of wisdom are below:

Callum Brannon 2020 Dux ATAR 99.30

“Good morning staff, students. I thought, how can I say anything meaningful enough to hopefully inspire any one of you to achieve your ATAR goal and get through the tediousness of your least favourite subject and this is what I got. First, I would like to congratulate my peers on their fantastic results, it's certainly a culmination of their talent and hard work. I would also like to extend my utmost gratitude to the teachers of the college, who dedicate hours upon hours helping each student achieve their personal best. Specifically, Mr Arthur, Mr Baker, Mr Gemmell, Ms Lazar and Mr Rowse, who I had during Year 12. I may not have always been the best student, but I thank you for everything.

Now, I could stand up here fire off a couple fancy metaphors, spew some platitudinal nonsense that you hear every assembly and end with an overused quote from Newton. But I'm not going to do that, I will give you real, useful advice that will help you in your HSC. First, I want to stress the importance of healthy competition. Competition between your peers, especially during the assessment period, can be one of the best motivators. For example, competing with Ryan for that top spot in maths and physics really pushed me and compelled me to keep studying. So, I urge you, to build a competitive

environment with your peers and this doesn't mean to sabotage them or anything, but to push each other to achieve your best marks possible.

Looking at the assessment aspect of the HSC specifically, one of the best pieces of advice I can give you is to **read the marking criteria**. It makes sense doesn't it? You are getting marked according to the criteria. Despite this, so many people seem to neglect it. You need to read it, you need to understand what it's saying, ask the teacher if you don't understand, and when you are completing your assessment make sure that you have ticked every single point on that criteria. For some of my assessment tasks I copy pasted points off the criteria and put them as subheadings. I based my whole assessment on the criteria and every time I went on to a new section, I kept referring back to it to make sure I was doing what I needed to do. This strategy helped me get 1st in four out of the five of the subjects that went towards my ATAR. Unfortunately, I didn't get 1st in English, I am happy to admit Nick, Ronan and Kiah are better writers than I am.

Next, Goal setting. I'm sure you have heard this before, but setting goals can be very useful, but you have to do it right. For instance, if you say to yourself, my goal is to get a high ATAR. That doesn't mean anything and that type of goal won't be useful. Instead of that, I would offer you the SMART approach. As in the goal has to be S for specific, M for measurable, A for achievable, R for realistic, and T for timely. I won't go into the detail of this now, hopefully the school can assist you in your goal setting. Just a note on what kind of goals you should be setting. First you need an ATAR goal, then you need to figure out, roughly, what kind of marks you need to achieve this. This requires some knowledge of how the HSC works, and I'm sure your teachers would be happy to help you with this.

My next point might seem very obvious, but still, many don't do it. It is to use every available resource. This means don't restrict yourself to your mandatory textbook and in-class notes. There is a plethora of resources out there that I know helped me greatly. Bored of studies.com is one of the main forums where people share notes, essays, etc. That's just one of many, but if you look around enough you might even be able to get one the trials from the top schools like James Ruse or Baulkham Hills. All in all, the message I want you to take is don't restrict yourself to in-class resources, look around and there is bound to be something you will find helpful.

And those are my tips, I hope some of you consider what I have said and that it will help you, thank you for listening."

Ryan Hughes second DUX ATAR 98.4

"I first want to thank all the teachers who've put in extra effort to set up holiday lessons, stayed after class to clear anything up, and in doing so helped elevate our cohort to a better position.

And to you boys, I want to say this: do not limit yourself to the amount of effort you think you should be doing. Go extra. When you look at what everyone else is doing and think "that's where I need to be at", you assign yourself to mediocrity. When you only do the minimum words, questions, or pages you've been given, you assign yourself to mediocrity. You should think better of yourself. Instead of seeing the guy next to you and trying to match their workload, aim to beat it. Be the guy doing whatever

work you can get your hands on and making actual sacrifices to improve yourself. Be like the boys dominating their sports, that head to training early and leave late just to get those extra few hours in. Be like those CEO's who slept on office floors just to cram more time into their days to work. Because those guys – those guys who put in the extra mile every day – they eventually see real success. It's the guys who restrict themselves to 9-5 working hours and only do the required work that fall behind.

When you adopt this mentality, you'll feel two things start to happen. Firstly, you'll start winning. Maybe not straight away, and there will be a few things to figure out before you start seeing growth, but eventually, you will start to change. You'll feel yourself getting better. You'll start to think differently, being more focussed, smarter, more confident in yourself, and even happier. The other thing happens when people start to notice your success – a few of them will decide that they want some of what you have. This means they will start trying too and will try to catch up. But remember, your goal is to outdo them, so you'll respond with your own effort. Eventually, you'll be one upping each other, continuously pushing each other higher, gunning for each other's success. You might even reach the limits of what you can do. There, you stretch your capabilities even further. The cliché of your mind being like a muscle really is true – just as you train your body, you train your mind, and, like when you train your body, you'll eventually adapt. You'll become smarter, exactly as you become stronger when you train.

Then, someday, you'll be compared with everyone else. Everyone who settled to be the same as the guys around them. Everyone who didn't want to get up early to study, so slept in. Everyone who didn't bother to do the extra reading. Everyone who didn't perfect their assignments with a dozen revisions. And when you are compared to those people, you'll stand out, and by a long way.

So, I'll leave you with that. You may find it difficult to put in more hours, to get up early, to resist procrastination and turn down invitations – it's supposed to be difficult. Eventually, your habits will settle, and your momentum will start to build. Once this happens, and you're in the mentality of beating the people around you daily, change will happen."

As we finish the second week of Term 1, I thank those students who consistently use their Opal cards on the bus, wear a facemask on the bus, and have started school following the grooming policy found in the Student Diary. Please encourage your son to always tap on and off the bus with his Opal card, this is how State Transit keeps record of the number of students travelling on buses to and from the College. Until the Public Health Order is removed all students should be wearing a mask on the bus to ensure their safety. There have been a handful of boys who have been requested to have a haircut. I encourage all parents to support the College in relation to these matters.

Please ensure that you are accessing Compass. If you are having issues with this please contact the College reception for assistance on 9977 5111

Ms Karen Shawcross
Assistant Principal

DIRECTOR OF TEACHING AND LEARNING

This week the College community celebrated the success of the HSC Class of 2020. Due to the COVID lockdown at the conclusion of the 2020 school year we were unable, as a community, to celebrate their achievements.

It is important that students do not dismiss the sentiment in the high achievers addresses as being irrelevant to them. This message is relevant whether a student is striving to be a successful artist, carpenter, musician, or football player. It is about setting goals, maintaining the momentum, practising and ultimately being successful in a chosen field.

The Class of 2021 must now meet the challenges of their final year of school. Their HSC assessment program is well underway, and as Ryan and Callum challenged all students assembled, I encourage each young man to set high goals, and travel the path to success.

Bishop Randazzo's plan for St Paul's, as a part of Catholic Schools Broken Bay, *is for a strong, vibrant, and authentic Catholic education system that promotes learning for life, prioritises student academic growth and achievement, success for our students in all aspects of learning and innovative and evidence-informed practice to improve outcomes for all.*

Because of this vision St Paul's is engaging in the Catholic Schools Broken Bay Secondary - Literacy Program - a three-year professional learning community lead by Dr Trish Weekes. Trish specialises in secondary school literacy education and will be working with all members of College teaching staff to embed specific evidence-based literacy in each curriculum area of secondary school.

As we begin the 2021 school year staff are engaging with relevant educational data to inform the learning journey of each student under their care. The analysis of this data will help us as we develop personalised learning plans for each student. With the support of parents/caregivers we look forward to a strong year of learning, with each student's 2021 learning experience highlighted by significant learning gain.

Mrs Trish McGregor
Director of Teaching and Learning

DIRECTOR OF STUDENT WELLBEING FOR LEARNING

Students have started the 2021 school year with vigour and have experienced their first COURAGE session. COURAGE is the Student Wellbeing program that the Leaders of Student Wellbeing and the Pastoral Teams are facilitating with the students.

To accommodate the wellbeing program on Thursday there is no longer morning Pastoral Care Period and the school day commences with the warning bell at 8:50am and Period 1 commencing at 8:58am.

Many lessons were learnt throughout 2020 by all especially related to students and their learning. To assist you in further

supporting your son as he navigates the world today and finds his place I am providing you with a link to an article by Andrew Fuller, a leading adolescent psychologist, where he provides suggestions on how you can assist your son develop his resilience in relation to his learning.

Andrew Fuller: How to get your child's learning mojo back after this 'year of fear'

The Student Diary

After consultation with students and staff, the Student Diary has been revised and updated for 2021.

We encourage you to invest some time looking through your son's Student Diary as it contains important and useful information that is essential for you to be aware of. For example, the Daily Routine and How to use your Student Diary; Who to Contact; the Expectations of St Paul's Students; our Student Welfare Policy which includes consequences for behaviours that are both positive and negative; Community contacts to assist an individual's wellbeing, and First Aid.

Each Student is required to always have their Student Diary with them whilst in class.

IMPORTANT REMINDERS

We appreciate your support of the following:

- The College Uniform includes a black leather/leather-like belt
- The Student Diary is always to be with students whilst at school
- **NO** earphones/ear pods/speakers are to be used on site. The classroom Teacher may give permission for students to use these at specific times and only if required for their learning
- Mobile phones are not to be seen or heard
- Recording images (both moving and still) of students on-site or in their College Uniform is not permitted at any time

Ms Angela Bowland
Director of Student Wellbeing for Learning

CAREERS

For comprehensive careers information please visit St Paul's Careers on our website at link below where you can find a calendar of careers based events along with information on the different pathways available to your son during and after school.

<http://stpaulsmanlycareers.com/>

For our Careers Newsletter please click on this link:

<http://stpaulsmanlycareers.com/?page=newsletter>

To subscribe to our careers email alerts of further and higher education provider open days and events, please follow the link below:

Mr Dale Casburn
Leader of Post school Options

COLLEGE NOTICEBOARD



St Paul's Catholic College Manly
EDUCATING BOYS IN YEARS 7 TO 12

Wednesday 24 February 2021 | 4pm - 7pm
A supportive community that enables young boys to flourish into young men by guiding each individual to achieve his personal best.

Come and visit our College

- See the displays and performances by each faculty in The Waterford Hall
- Meet and speak to staff and current students
- Tour our College Campus
- Gain a good feel for the St Paul's community

ENROLLING NOW
Enrolment enquiries: enrolments@dbb.catholic.edu.au

PRIMA PRIMUM: First things first
Apostolic education in the Diocese of Broken Bay

OPEN DAY / EXPO

Derley Road, Manly | Tel: 9977 5111 | www.stpaulsmanly.nsw.edu.au

COLLEGE CALENDAR 2021

For 2021 school dates please refer to the Google Calendar

YEAR 7, 8, 9, 10 & 11 TEXTBOOK INFORMATION FOR 2021

The textbook requirements for 2021 are available ONLINE via the link below.

<http://www.campion.com.au/>

You can place your order online using **G5YG** as your code.

All orders are to be prepaid and will be delivered to your nominated address for a cost of \$15.95 per order.

We recommend you buy or sell your Second-hand books online via the link below.

<http://www.sustainableschoolshop.com.au/>

If you have any queries, please do not hesitate to telephone the Information Resource Centre at the College on 9977 5111.

Mrs Vicki Broome & Ms Suzanne Toomey
Leaders of Learning IRC

YOUTH MINISTRY AND SOCIAL JUSTICE NEWS



SHROVE TUESDAY
16 FEBRUARY

PROJECT COMPASSION
BE MORE

For over a thousand years Catholics have celebrated Shrove Tuesday, where traditionally all flour, eggs and fats are used up before the start of Lent on Ash Wednesday.

Ms Joanne Kalayzich
Youth Ministry Coordinator

SPORT

Water Safety Course

From Week 3 until Week 9 in Term 1 our Year 7 students will be participating in a Surf Survival Program on a Thursday afternoon between 2:00pm and 3:00pm at Manly Beach. Learning skills to be proficient in the ocean helps save lives.

Please complete the below waiver form. When asked to enter the Teacher's email, please use timothy.emmerson@dbb.catholic.edu.au.

<https://www.seaaustralia.com.au/school-waiver-form>

Thursday Sport

Please find below arrangements for Thursday Sport in Term 1: Year 9 and Year 10 sport selections are displayed at the Sports Office.

Basketball Information

Please find below information on the College basketball teams including trial dates:

1st XV Rugby Union

Students begin pre-season training on Monday in preparation for fixtures against Oakhill College, St Augustine's College, St Aloysius College, St Pius College and SCECGS Redlands later in Term 1.

NSWCCC Sport Registrations

NSWCCC Sport Registrations 2021 for pathway sports open on 1st February

Registrations are via the CSNSW.sport portal. For instructions on how to register go to –

Guide For Parents – Sport Registrations >>

Term 1 Individual Nominations Sport Registrations:

- Cricket – 19s Boys - 9 & 10 February – Close 3 February
- Cricket - 15 Years Girls - 15 February – Close 10 February
- Softball – Boys & Girls - 22 February – Close 12 February
- Tennis - Boys & Girls - 1 March – Close 22 February
- Cricket – U16 Boys – 1 March – Close 18 February
- Baseball – Boys – 3 March – Close 26 February
- Golf – Boys & Girls – 8 March – Close 25 February
- Volleyball – Boys and Girls – 10 March - Close 5 March
- Water Polo – Boys and Girls – 15 March – Close 11 March
- Hockey – Open Boys and Girls, 16s Girls – 22 March – Close 15 March
- Diving – Boys and Girls – 29 March – Close 19 March

Swimming and Touch Football registrations are through the Diocesan/Association pathways.

For further information, go to the CSNSW Sport website Sport pages.

All sport enquiries, please contact me at timothy.emmerson@dbb.catholic.edu.au

BBSSSA Sport Link

Broken Bay Secondary Schools Sport Association link:

<https://www.brokenbaysport.org.au/secondary>

Mr Tim Emmerson
Leader of Sport

LOST PROPERTY

Lost property is located at the College Reception in the Cardinal's Palace. If your son is missing any item(s) please ask him to check with the College Receptionist to determine whether it may have been handed in.

Please label your son's uniform items. Uniforms are expensive and when they have no identification, we cannot return them to the owner.

If your son has out grown his school uniform please consider donating any items, particularly senior uniform pieces and jackets – this has proven to be a very helpful solution to many boys experiencing wardrobe 'malfunctions' during the course of the school day and is a great way to recycle and reduce landfill. The College ties are always very welcome as these are often misplaced by the boys.

PARENT LIAISON GROUP

If you are interested in being more involved with St Paul's and the Parent Liaison Group, you are very welcome. If you have any feedback or questions, please feel free to email us at plgspcc@gmail.com

Mrs Michal Brenchley and Mrs Leisa Cannon
Parent Liaison Group

CANTEEN

As well as cash, the online Flexischools ordering and payment service will be available for ordering in 2021.

To register, please follow the instructions available at the following Url,

<http://www.flexischools.com.au/>

Cut off time for lunch orders via Flexischools is 9:30am

EFTPOS is available.

We welcome new ideas and initiatives and work hard to accommodate requests.

Special dietary requirements are available on request: gluten free, dairy free, halal, vegetarian, vegan, and nut free can be catered for.

Tania and Teresa
Yummy Bears Kiosk

SCHOOL UNIFORMS

Uniforms may be purchased from Pickles at 43 Carter Street, Brookvale. Phone number 9905 2711

FOLLOW US ON SOCIAL MEDIA

Are you following us on social media? Important communication will continue to be emailed, posted, and placed in the newsletter but social media is another way to keep up to date with the happenings here at St Paul's.

FACEBOOK: @stpaulscatholiccollegemanly

INSTAGRAM: spcc_manly

If you have concerns about your son appearing on social media, please alert the College immediately.

BROKEN BAY NEWS

Broken Bay News monthly publications are available via this link:

<https://www.bbcatholic.org.au/news-events/broken-bay-news/broken-bay-news-editions>

PLEASE BOOKMARK THESE LINKS FOR FUTURE REFERENCE

College Website: www.stpaulsmanly.nsw.edu.au

Newsletter Password: [stpaulsnews](#)

Enrolments email enrolments@dbb.catholic.edu.au

Student achievements email: stpauls@dbb.catholic.edu.au